OUTPATIENT PHYSICAL THERAPY

Kristina Anwyll, PT, DPT
Specialties: Pelvic Health, Women’s Health, Burn Care, Oncology Rehab, General Orthopedics, and Total Joints

George Barnard, PT, MSPT
Specialties: Spine, TMD
Certifications: IOMT Spinal and Extremity Manipulation

Jessica Bergeron, PT, CLT
Specialties: Vestibular Rehab, Neurological, Lymphedema, Concussion Management
Certifications: Vestibular, Lymphedema, LSVT-BIG, Graston Technique

Lindsay Carrier, PT, DPT, CLT, CSRS
Specialties: Neurological, Vestibular, Lymphedema, Concussion Management
Certifications: Stroke Rehabilitation, Lymphedema, LSVT-BIG

Julia Doucett, PT, DPT
Specialties: Pelvic Health, General Orthopedics

Celia Ellis, PT, DPT
Specialties: Women’s Health/Pelvic Floor Health, Incontinence, General Orthopedics, Graston Technique
Certifications: APTA Pelvic Health CAPP-PELVIC

Christopher Faust, PT
Specialties: Spine, General Orthopedics
Certifications: IOMT Spinal and Extremity Manipulation

Lori Ford, MPT, MSPT
Specialties: Vestibular, General/Spine Orthopedics, TMD
Certifications: CEAS, Vestibular Rehab

Ryan Hubbard, PT, DPT
Specialties: Orthopedics, Post-surgical Rehab, Vestibular Rehab, Golf Injuries/Performance
Certifications: Dry Needling, Titleist Performance Institute Certified

Molly Kelso Trass, PT, DPT, NCS
Specialties: Neurological, Vestibular, Oncology Rehabilitation
Certifications: Neurological Certified Specialist

Christopher Kennedy, PT, OMT, ATC
Specialties: Spine, Sports Medicine, General Orthopedics
Certifications: Athletic Training, IOMT Spinal and Extremity Manipulation

Katrina Lampros, MPT, OMT
Specialties: Spine, Total Joints, General Orthopedics
Certifications: IOMT Spinal and Extremity Manipulation, Graston Technique

Kathleen Le, PT, DPT
Specialties: General Orthopedics, Total Joints

Angela Martin, PTA
Specialties: Women’s Health, Pelvic Floor Health, Oncology Rehab
Certifications: Massage Therapist, Craniosacral Therapy

Kelley Nelson, PT
Specialties: General Orthopedics, Total Joints, Bariatrics
Certifications: Graston Technique

Benjamin Otis, PT, OMT
Specialties: Spine, Sports Medicine, General Orthopedics. Certifications: IOMT Spinal and Extremity Manipulation, Graston Technique, Dry Needling

Thomas Perreault, PT, DPT, OCS, MAACP (UK), Dip. Osteopractic
Specialties: Headache, TMD
Certifications: Dry Needling, IOMT Spinal and Extremity Manipulation

Denise Plourde, PTA
Specialties: Total Joints, Oncology Rehab, General Orthopedics

Molly Kelso Trass, PT, DPT, NCS
Specialties: Oncology Rehab, Lymphedema, Women’s Health, Pelvic Floor Health, General Orthopedics. Certifications: Lymphedema, Graston Technique
OUTPATIENT PHYSICAL THERAPY CONTINUED

Catherine Thomson, PT
Specialties: Total Joints, Neurological, General Orthopedics, Orthotics
Certifications: LSVT-BIG, Graston Technique

Chelsea Tulimiero, PT, DPT
Specialties: General/Spine Orthopedics, Total Joints

Martha Wyand, PT
Specialties: General Orthopedics, Oncology Rehab, Total Joints
Certifications: LSVT-BIG, Graston Technique

OUTPATIENT OCCUPATIONAL THERAPY

Danielle Amero, OTD, OTR/L, CHT
Specialties: UE Trauma, Orthopedics, Splinting, Dementia Care
Certifications: Hand Therapy

Teatra Higgins, MS, OTR/L
Specialties: Neurological, Pediatrics, Special Care Nursery/NICU, General Orthopedics, Chronic Pain
Certifications: PAMS, FCE, NBO Certified, Pediatric Massage

Victoria Hegarty, MS, OTR/L
Specialties: Neurological, General Orthopedics/Custom Splinting, Oncology Rehab, Dry Needling, Graston Technique, Concussion Management

Andrew Naylor, MS, OTR/L
Specialties: General Orthopedics, Geriatric Care

OUTPATIENT SPEECH THERAPY

Kathy Fagan, Med, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Trachs/Vents, Concussion Management
Certifications: VitalStim, LSVT-Loud

Holly Goodell, MS, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Concussion Management
Certifications: VitalStim, LSVT-Loud

Rita-Mary O’Donnell, MS, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Concussion Management
Certifications: LSVT-Loud

Austin Tucker, MS, CCC-SLP
Specialties: Neurological Disorders, Dysphagia, Oncology Rehab, Dementia, Gender Affirming Voice & Communication
Certifications: McNeill Dysphagia Treatment Program (MDTP), SPEAKOUT!®

Kathy Fagan, Med, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Trachs/Vents, Concussion Management
Certifications: VitalStim, LSVT-Loud

Holly Goodell, MS, CCC-SLP
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Austin Tucker, MS, CCC-SLP
Specialties: Neurological Disorders, Dysphagia, Oncology Rehab, Dementia, Gender Affirming Voice & Communication
Certifications: McNeill Dysphagia Treatment Program (MDTP), SPEAKOUT!®

CARDIAC AND PULMONARY REHAB

Collette Carville, BSN, RN
Specialties: Cardiac and Pulmonary Rehab
Certifications: ACLS, BLS

Jen Cristiano, BS, Exercise Physiologist
Specialties: Cardiac and Pulmonary Rehab
Certifications: ACLS, BLS

Mark Doyle, RRT
Specialties: Pulmonary Rehab
Certifications: ACLS, BLS, NRP

Janet Griffin-Vaughan, BSN, RN
Specialties: Cardiac and Pulmonary Rehab
Certifications: ACLS, BLS

Maureen Herrion, BSN, RN
Specialties: Cardiac Rehab
Certifications: ACLS, BLS

Ryan Page, MS, Exercise Physiologist
Specialties: Cardiac and Pulmonary Rehab
Certifications: ACLS, BLS
INPATIENT PHYSICAL THERAPY

Kathleen Beede, PT, DPT
Specialties: Cardiopulmonary, Neurological, Vestibular

Camilla, PT
Specialties: Med/Surg, Orthopedics, Total Joints

Cheryn, PTA
Specialties: Med/Surg, Wound Care, Total Joints, Orthopedics, Chronic Pain Care.
Certifications: MFR, MFR Mapping, CST 1, CST2, TPM

Lani Croteau, PT, CLT
Specialties: Cardiac, Cardiopulmonary, Critical Care, Med/Surg, Neurological, Orthopedics
Certifications: CLT

Katherine Lim, PT, DPT
Specialties: Med/Surg, Oncology, Trauma, orthopedics

Mary Kate Neumann, PT
Specialties: Med/Surg, Cardiopulmonary, In-Patient Ortho

Kaitlyn Savard, PT, DPT
Specialties: General Orthopedics
Certifications: Graston Technique

INPATIENT OCCUPATIONAL THERAPY

Sarah Demetracopoulos, MS, OTR/L
Specialties: Neurological, General Orthopedics, Joint Replacement

Jessica Gagnon, MS, OTR/L, AOEAS, CEAS I
Specialties: Neurological, General Orthopedics, Ergonomics, Joint Replacement
Certifications: CEAS, AOEAS

Kara Rivero, COTA
Specialties: Stroke Care, General Orthopedics, Joint Replacement

Kate-Lyn Stone, MS, OTR/L
Specialties: Neurological, Joint Replacement and Home Evaluations
Certifications: Hawk Grips, FCE, Wellness Coach

INPATIENT SPEECH THERAPY

Johnna Avery, MS, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Trachs/Vents
Certifications: VitalStim

Shannon Gahm, MS, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Concussion Management
Certifications: VitalStim, LSVT-Loud
OUTPATIENT PHYSICAL THERAPY

Jacqueline Plante, PT, DPT, SCS

Nathan Rinaldi, PT, DPT
Specialties: General Orthopedics, Total Joints
Certifications: Graston Technique, IOMT Spinal and Extremity Manipulation

OUTPATIENT OCCUPATIONAL THERAPY

Joceline Woodward, PT
Specialties: Total Joints, General Orthopedics, Sports Medicine
Certifications: Certified Strength and Conditioning Specialist, Graston Technique

Michelle Lavertu, OTR/L, CHT
Specialties: Oncology Rehab, Neurological, UE Orthopedics/Custom Splinting
Certifications: Graston Technique, CEAS, FCE, Hand Therapy

OUTPATIENT SPEECH THERAPY

Elaine Sullivan, PTA
Specialties: General Orthopedics, Spine, Prehab

OUTPATIENT OCCUPATIONAL THERAPY

Marianne Smith, PT
Specialties: Oncology Rehab, General Orthopedics, Spine, Vestibular
Certifications: Vestibular Rehab, Graston Technique

Kyle Estell, PT, DPT
Specialties: General Orthopedics, Total Joints, Golf Injuries/Performance
Certifications: Dry Needling, Titleist Performance Institute Certified

Kathleen Graham PT, DPT, OCS
Specialties: Non-operative and post-operative conditions of the hip, spine, shoulder, knee, ankle and foot. Certifications: APTA Board Certified Clinical Specialist in Orthopaedics

Kathleen Goode, PT
Specialties: General Orthopedics, Spine, Boston University Fellowship in Orthopedic Manual PT
Certifications: Graston Technique, Dry Needling, Strength and Conditioning Specialist, IOMT Spinal and Extremity Manipulation

Michael Carrier, PT, DPT, CSCS
Specialties: General Orthopedics
Certifications: Graston Orthopedics

Holly Goodell, MS, CCC-SLP
Specialties: Neurological Disorders, Voice Disorders, Dysphagia, Oncology Rehab, Concussion Management
Certifications: VitalStim, LSVT-Loud

Peter Lewnard, PT
Specialties: General Orthopedics, Total Joints

OUTPATIENT SPEECH THERAPY

Peter Lewnard, PT
Specialties: General Orthopedics, Total Joints

OUTPATIENT OCCUPATIONAL THERAPY

Sara Richards, MSPT
Specialties: Spine, Total Joints, General Orthopedics

Kyle Estell, PT, DPT
Specialties: General Orthopedics, Total Joints, Golf Injuries/Performance
Certifications: Dry Needling, Titleist Performance Institute Certified
### OUTPATIENT PHYSICAL THERAPY

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<td>Kristina Anwyll, PT, DPT</td>
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<td>Women's Health/Pelvic Floor Health, Incontinence, General Orthopedics, Graston Technique</td>
<td>APTA Pelvic Health CAPP-PELVIC</td>
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<tr>
<td>Joanna Gerety, MPT, OMT</td>
<td>Spine, General Orthopedics</td>
<td>IOMT Spinal and Extremity Manipulation, Classical Pilates</td>
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<td>Ryan Higgins, PT, OMT</td>
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<td>Neurological, Vestibular, Concussion Management</td>
<td>APTA Board Certified Clinical Specialist in Neurologic Physical Therapy</td>
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<tr>
<td>Zachary Puglia, PT, DPT, CSCS</td>
<td>Orthopedics/Extremities, Sports Medicine, Total Joints</td>
<td>Certified Strength &amp; Conditioning Specialist</td>
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<tr>
<td>Kathleen McAdams, MS, CCC-SLP</td>
<td>Pediatric and Adult Neurological Rehabilitation, Pediatric Feeding, Pediatric Speech and Language, Dysphagia, Oncology Rehabilitation, Trachs/Vents</td>
<td>PROMPT, LSVT-Loud</td>
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<td>Kaitlyn Savard, PT, DPT</td>
<td>Spinal &amp; Extremity Manipulation</td>
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<td>Martina Shanley, MPT, CLT/LANA</td>
<td>Oncology Rehab, Lymphedema, Women's Health/Pelvic Floor Health, General Orthopedics</td>
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<tr>
<td>Marissa St. Germain, PT, DPT, NCS</td>
<td>Neurological, Vestibular, Concussion Management</td>
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<td>Sarah Tompkins, PT, MPT, FFAOMPT</td>
<td>Spine, General Orthopedics</td>
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<td>Neurological Disorders, Dysphagia, Oncology Rehab, Dementia, Gender Affirming Voice &amp; Communication</td>
<td>McNeill Dysphagia Treatment Program (MDTP), SPEAKOUT!*</td>
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### OUTPATIENT OCCUPATIONAL THERAPY

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<td>General Orthopedics, Geriatric Care</td>
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<td>Zachary Puglia, PT, DPT, CSCS</td>
<td>Orthopedics/Extremities, Sports Medicine, Total Joints</td>
<td>Certified Strength &amp; Conditioning Specialist</td>
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<tr>
<td>Melinda Main, MS, OTR/L</td>
<td>Orthopedics, Dry Needling, General Neurological and Concussion</td>
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</table>
OUTPATIENT PHYSICAL THERAPY

Karyn Cashman, PTA
Specialties: General Orthopedics, Geriatrics, Aquatics, Foot and Ankle Pathology
Certifications: Graston Technique

Matt Donohue, DPT, ATC
Specialties: General Orthopedics, Sports Therapy, Endurance Athletes
Certifications: Athletic Training, Graston Technique

Deborah “Debbie” Fernald MSPT, CCI
Specialties: General Orthopedics, Geriatrics, Total Joints
Certifications: Graston Technique

Heidi Foye, PTA, ATC
Specialties: Aquatics, Total Joints, Spine, Sports
Certifications: Athletic Training, Graston Technique

Melissa Gagne, DPT, CCI
Specialties: Spine, Bone Health, Fall Prevention, Aquatics, Vestibular
Certifications: OMT Spinal and Extremity Manipulation, Graston Technique

Samantha “Sam” Hetzel, DPT
Specialties: Aquatics, Fall Prevention, Bone Health, Spine, Manual Therapy

Erin James, DPT, Cert. MDT
Specialties: General Orthopedics, Spine, Endurance Athletes
Certifications: McKenzie Method of Mechanical Diagnosis and Therapy

Robert Koh, MPT, OCS, COMT, CSCS
Specialties: Sports Therapy, Post-op Care of Knee & Shoulder Pathology, Dry Needling
Certifications: APTA Board Certified Clinical Specialist in Orthopedics, Orthopedic Manual Therapy, Strength & Conditioning Specialist

James Lawson, DPT
Specialties: Spine, Manual Therapy
Certifications: IOMT Spinal and Extremity Manipulation

John Lauze, PT, OCS
Specialties: Sports Therapy, Custom Orthotic Fabrication, Knee & Shoulder Pathology
Certifications: APTA Board Certified Clinical Specialist in Orthopedics

Kim Macaulay, PTA
Specialties: Spine, Aquatics
Certifications: Graston Technique

Kylie McFadden, DPT
Specialties: General Orthopedics, Fall Prevention, Bone Health, Spine, Manual Therapy

Tatjana Milosavljevic, PT
Specialties: General Orthopedics, Industrial Rehab

Barbara Natale, PTA, CCI
Specialties: General Orthopedics, Geriatrics, Fall Prevention
Certifications: Graston Technique

Katelyn Perkins, DPT
Specialties: Sports Therapy, Knee & Shoulder Pathology
Certifications: Graston Technique

Nicole "Nicki" Plante, PT, CCI
Specialties: Aquatics, Total Joints, Pediatrics, Amputees, Spine
Certifications: Graston Technique

David Quint, MSPT
Specialties: General Orthopedics
Certifications: Key Method Functional Capacity Assessment

Shannon Regan, PTA, CCI
Specialties: Sports Therapy, Pediatrics, Amputee, Aquatics
Certifications: Graston Technique

Kristie Rowley, MSPT, OMT, FAAOMPT
Specialties: Spine, Manual Therapy
Certifications: FAAOMPT, IOMT Spinal and Extremity Manipulation

Deborah Towle, MSPT, Cert. MDT, MTC
Specialties: Spine, Industrial Rehab, Endurance Athletes
Certifications: McKenzie Method of Mechanical Diagnosis & Therapy, IOMT Spinal and Extremity Manipulation, Manual Therapy
OUTPATIENT PHYSICAL THERAPY CONTINUED

Sarah-Jean Vouglas, PTA
Specialties: Aquatics, General Orthopedics, Spine, Total Joints, Pediatrics, Fall Prevention
Certifications: Graston Technique

Nicholas “Nick” Woodard, DPT, ATC
Specialties: General Orthopedics, Sports Therapy, Knee & Shoulder Pathology
Certifications: Athletic Training

OUTPATIENT OCCUPATIONAL THERAPY

Jeff Lapierre, OTR/L, CHT
Specialties: Orthotic Fabrication, Sports, Post-Surgical Hand Therapy, Ergonomics and Job-Site Evaluations
Certifications: Hand Therapy, Graston Technique

Donna Rigor da Eva, OTR/L, CHT
Specialties: Orthotic Fabrication, Cumulative Trauma, Post-Surgical Hand Therapy, Ergonomics and Job-Site Evaluations
Certifications: Hand Therapy, Graston Technique

Kristin Wilson, OTR/L, CHT
Specialties: Orthotic Fabrication, Cumulative Trauma, Post-Surgical Hand Therapy, Repetitive Strain Injuries
Certifications: Hand Therapy, Graston Technique

ATHLETIC TRAINERS

Greg Abbott, ATC, PES
Specialties: Olympic and Power Lifting, Post-Rehab Training, Sports Performance Training, Youth Athletes

Abbey Hatch, ATC
Specialties: Post-Rehab Training, Sports Performance Training

Heather Legere, ATC
Somersworth High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer

Hunter Maurice, ATC
Specialties: Post-Rehab Training, Sports Performance Training

Bill Stewart, ATC, CSCS, PES
Specialties: Post-Rehab Training, Sports Performance Training, Work Hardening, Training Specialty Populations: MS, Parkinson’s, Cancer, Stroke, Adaptive Athletes
Certifications: USA Hockey L4 Coach
Athletic Trainers Providing Services to High School Athletes

Shammara Al-Darraji, ATC
Portsmouth High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer

Mike Feld, ATC, CSCS, PES
Oyster River High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer, Strength and Conditioning Specialist, Performance Enhancement Specialist

Eric Goodman, ATC
Dover High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer

Heather Legere, ATC
Somersworth High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer

Christina Warne PT, DPT
Specialties: General Orthopedics, Total Joints, Women's Health/Pelvic Floor Health

Maria Girardin, PT, DPT
Specialties: General Orthopedics, Total Joints, Sports Injury, Vestibular, Pediatrics, Neurological

Kristin King, PTA
Specialties: Spine, Total Joints, Orthopedics
Certifications: PMT Performance Movement Techniques, Graston Technique, APTA-Certificate of Advanced Proficiency

Lillian Pillsbury, PT, DPT, IOMT
Specialties: Spine, General Orthopedics
Certifications: IOMT Spinal and Extremity Manipulation

Jose Soltero, PT, DPT
Specialties: General Orthopedics, Total Joints

Danielle Amero, OTD, OTR/L, CHT
Specialties: UE Trauma, Orthopedics, Splinting, Dementia Care
Certifications: Hand Therapy

Heather Legere, ATC
Somersworth High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer

Jon Mousette, ATC
Spaulding High School Athletic Trainer
Specialties: Sports Injury Assessment and Care, Concussion Management, Injury Prevention
Certifications: Athletic Trainer
# Outpatient Rehabilitation Services

Now in 7 Locations for Your Convenience

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<th>SERVICES &amp; SPECIALTIES</th>
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**DOVER**
789 Central Avenue

**DURHAM**
16 Jenkins Court

**LEE**
65 Calef Highway

**MARSH BROOK REHAB**
7 Marsh Brook Drive, Somersworth

**PORTSMOUTH**
67 Corporate Drive - Building A
73 Corporate Drive - Building B

**THE WORKS**
23 Works Way, Somersworth

**RIVERWOODS DURHAM**
20 Stone Quarry Drive, Durham

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