

## AGES 15 TO ADULT:

**\*\*If you have had a biopsy or polyps removed during a colonoscopy, you must wait 6 weeks before you have a CT Colonography**

**\*You will need to come to Imaging Services 2 days prior to your exam to pick up **Tagitol**.** This is used to "tag" left over stool in the colon so it can be identified and not mistaken for a polyp.

**Exam time: Approximately 2 hours**

If you take medication, please take it prior to 6AM with the smallest sip of water possible.

### **AT THE LOCAL DRUG STORE PURCHASE THESE ITEMS:**

**238 gram bottle of Miralax**

**Bisacodyl Tablets (4)**

**Bisacodyl Suppository (1)**

**64oz Gatorade (NOT red, blue or purple)**

\*If you have Diabetes or kidney disease, please check with your physician **BEFORE** beginning the exam prep.

### **PREP INSTRUCTIONS**

#### **The day before the exam**

**Breakfast:** Clear soup (any broth), fruit juice with no pulp, flavored gelatin that is not red, soft drinks, black coffee, or plain tea.  
**Take first Tagitol.**

**Noon:** Clear soup (any broth), fruit juice with no pulp, flavored gelatin that is not red, soft drinks, black coffee, or plain tea.  
**Take second Tagitol.**

**1:00 pm:** Drink an 8 oz. Glass of water, **take 2 Bisacodyl tabs**

**2:00 pm:** Drink an 8 oz. Glass of water.

**3:00 pm:** Drink an 8 oz. Glass of water.

**4:00 pm:** Drink an 8 oz. Glass of water.

**5:00 pm:** Drink an 8oz. Glass of water, **take third Tagitol.**

**5:30 pm:** **Mix 238 bottle of Miralax with 64oz Gatorade (NOT red, blue or purple) drink 8oz every 10–20min until gone. Continue to drink lots of fluids until you go to bed.**

**7:00 pm:** Drink an 8 oz. Glass of water.

**8:00 pm:** Drink an 8 oz. Glass of water.

**9:00 pm:** Drink an 8 oz. Glass of water, **take 2 Bisacodyl tabs**, and do not eat after 9pm.

#### **The day of the exam:**

\*If you have a colostomy, do NOT use the suppository.

**At least 2 hours before your exam time, open the Bisacodyl suppository.** While lying on your side, insert the suppository into your rectum, and gently push it in as far as possible. Hold it in for at least 15 minutes, if possible. Bowel evacuation usually occurs within 15 – 60 minutes.

\*If the bowel prep does not work, please let the Technologist know prior to starting your exam.

**In order to have good results your bowels MUST be empty.**