

**S:** The patient has been diagnosed with obstructive sleep apnea by a diagnostic sleep study and has been referred by their Provider for a CPAP mask fitting, desensitization and education prior to beginning Auto CPAP therapy.

**O:** The diagnostic sleep study results = AHI: \_\_\_\_\_/hr, RDI: \_\_\_\_\_/hr, ODI: \_\_\_\_\_/hr.  
Epworth Sleepiness Scale: \_\_\_\_\_/24

**A:** Recommendations: CPAP Mask: \_\_\_\_\_

Auto CPAP pressure range \_\_\_\_\_ to \_\_\_\_\_ cm/H<sub>2</sub>O.

**Plan:**

1. The patient was referred to \_\_\_\_\_ for Auto CPAP setup.
2. Recommend \_\_\_\_\_ Auto CPAP device with a pressure range of \_\_\_\_\_ to \_\_\_\_\_ cm/H<sub>2</sub>O, heated humidification/tubing, pressure relief of \_\_\_\_\_
3. The patient will be contacted by phone in 2 – 3 weeks to evaluate Auto CPAP therapy.
4. Auto CPAP compliance data will be downloaded and evaluated at 2 weeks, then 1, 2 & 3 months after the start of therapy.
5. The patient has been scheduled for a follow-up visit with \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_
6. The patient was instructed to contact the SDC as needed.
7. Discharge instructions have been given to the patient detailing their treatment plan.
8. Patient Encounter Time: \_\_\_\_\_

\_\_\_\_\_  
Technologist Signature

\_\_\_\_\_  
Technologist

\_\_\_\_\_  
Date/Time

\_\_\_\_\_  
Primary Care Provider Signature

\_\_\_\_\_  
Primary Care Provider Name  
(print)

\_\_\_\_\_  
Date/Time

Wentworth–Douglass Hospital  
NEUROSCIENCES DEPARTMENT  
**SLEEP DISORDER CENTER CPAP  
WORKSHOP**



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