

Diagnosis: Multiple Sclerosis

The following orders will automatically be enacted unless a specific order is written to the contrary:

NOTE: ● Patient should plan to stay for a minimum of 8 hours.

- Review Gilenya Patient Medication Guide (Form #: 6011–274) prior to administration of first dose.
- Informed Consent obtained
- Baseline ECG within 6 months prior to administration of first dose – obtain copy.
- Baseline vital signs including apical pulse
- Administer Gilenya 0.5 mg PO X 1 tablet. Patient will take own medication. Send to pharmacy for identification prior to administration.
- Obtain vital signs including apical pulse every hour X 6 hours after Gilenya is administered.
 - Notify provider and call a Code Rush for a sustained heart rate below 45 beats per minute
 - Notify provider and continue hourly monitoring if lowest heart rate occurs on the 6th hour of monitoring.
 - Notify provider if patient develops symptomatic bradycardia. Overnight admission with continuous ECG monitoring is indicated until symptoms resolve. First–dose monitoring procedures should be repeated for the second dose (next day).
- Obtain ECG in all patients 6 hours after administration of Gilenya.
- ECG must be read by Cardiologist to look for the following risk points (potential adverse drug effects) and patient verbally cleared for discharge by Cardiologist.
 - Bradycardia after administration of 1st dose of Gilenya
 - QT interval prolongation after 1st dose of Gilenya
 - New onset second degree or higher AV block after 1st dose of Gilenya

☐ Other orders: _____

Physician Signature

Date / Time

Wentworth–Douglass Hospital
PHYSICIAN ORDERS

Fingolimod (Gilenya)
First Dose Monitoring



PO0020

6011–275MR
Rev. 06/07/17

Page 1 of 1