

Where can I go to get the Hepatitis A Vaccine?

Locations offering walk-in Immunizations:

Nashua Public Health Department

18 Mulberry Street
Nashua, NH 03060

Tuesday: 4:00pm to 7:00pm
Friday: 8:30am to 10:30am
Call: (603) 589-4500

Manchester Health Department

1528 Elm Street
Manchester, NH 03101

Monday: 1:30pm to 3:30pm
Tuesday: 9:00am to 11:30am
Thursday: 3:00pm to 6:00pm
Call: (603) 624-6466

Goodwin Community Health

311 NH-108, Somersworth, NH 03878
Wednesday: 1:30pm to 4:00pm
Call: (603)-749-2346

Concord Regional VNA

At St. Paul's Episcopal Church
21 Centre Street, Concord

1st Monday each month: 1:00pm to 4:00pm
Call: (603)-224-4093

If you reside outside of the listed areas call the
Immunization Program at (603)-271-4482.



Department of Health and Human
Services
Division of Public Health Services
Bureau of Infectious Disease Control

29 Hazen Drive
Concord, NH 03301-6504

Phone: 603-271-4496

Fax: 603-271-0545

NHBIDC@dhhs.nh.gov

Are You at Risk for Hepatitis A?



What is Hepatitis A?

Hepatitis A is a highly contagious liver infection caused by the Hepatitis A virus. It can range in severity from a mild illness lasting a few weeks to a severe illness lasting several months.

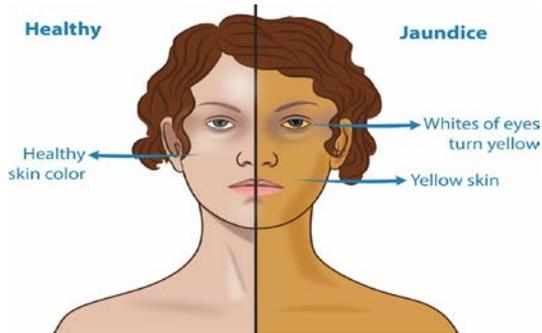
How is it Spread?

Hepatitis A is spread when a person unknowingly ingests the virus from objects, food or drinks contaminated by small, undetected amounts of stool from an infected person. The hepatitis A virus is able to survive outside the body for months. High temperatures, such as boiling or cooking food or liquids for at least 1 minute at 185°F (85°C), kill the virus, although freezing temperatures do not.

Am I at-risk?

Anyone can get Hepatitis A, but persons at greater risk are:

- Gay and bisexual men
- People with substance use disorder
- People experiencing homelessness
- People with recent jail stay



What are the symptoms?

 Yellow skin or eyes	 Fatigue	 Loss of appetite
 Abdominal pain	 Dark urine and/or gray-colored stools	 Joint pain
 Nausea	 Vomiting	 Fever

Symptoms are more likely to occur in adults than in children. They usually last fewer than two months, but some people can be ill as long as six months. Sometimes Hepatitis A can make you sick enough to need hospitalization. In rare cases, hepatitis A can cause liver failure and death; this is more common in people older than 50 and in people with other liver diseases.

What should I do if I have symptoms?

Anyone who has symptoms should contact a healthcare provider immediately and should not prepare food for others. People with symptoms should not attend work or school while ill.

What can I do to prevent hepatitis A?



- **Get Vaccinated!** The hepatitis A vaccine is very effective at preventing disease. Hepatitis A vaccine is readily available from healthcare providers and pharmacies.
- **Wash your hands** with soap and water, especially after using the bathroom and before preparing food.
- **Don't** have sex with someone who has Hepatitis A infection.
- **Don't** share towels, toothbrushes, and eating utensils.
- **Don't** share food, drinks, or smokes with other people.

