

Join Our Community!

Share your experience with Type 1 Diabetes

**Adults with _____
TYPE 1 DIABETES
_____ in the Seacoast Area**



2016 SCHEDULE

THURSDAY, FEBRUARY 4, 2016

Traveling with Type 1 Diabetes

APRIL 2016

Exercise Event (See below)

THURSDAY, JUNE 2, 2016

Fat & Protein – How Do They Impact Blood Sugar?

THURSDAY, OCTOBER 6, 2016

Gadgets & Technology for Managing Type 1 Diabetes

THURSDAY, DECEMBER 1, 2016

Dealing with Sickness, Stress and Erratic Blood Sugars

We meet quarterly to share ideas, resources and engage in conversations about living with Type 1 Diabetes. If you are an adult over 18 years old with Type 1 diabetes please join us! Dr. Mick Davidson will be hosting!

**ALL SESSIONS ARE
6:00-7:00 pm**

at the Wentworth-Douglass
Professional Center
Conference Room 1
10 Member's Way, Dover, NH

QUESTIONS?

Call Diabetes Services,
603-740-2887

In place of our April meeting, join us for a special event at Wentworth-Douglass Hospital all about Type 1 Diabetes and Exercise. All ages are welcome.

Tentative Date: Saturday, April 9, 2016, 1-4 pm

**RSVP by calling Diabetes Services at
603-740-2887**

 **Wentworth-Douglass Hospital**
Diabetes Services

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