**When Care Can’t Wait**

Dr. Lukas Kolm and Dr. Peter Hedberg at Wentworth-Douglass Hospital’s Emergency Department, a Level III adult and pediatric trauma center.

Webster’s Dictionary defines “emergency” as an unforeseen event that calls for immediate action.

At Wentworth-Douglass Hospital, our Emergency Department staff is ready to act quickly and effectively when the unexpected happens. The team of 34 providers from Seacoast Emergency Physicians specializes in all aspects of emergency treatment, caring for life-threatening conditions in the Emergency Department and more minor illnesses and injuries at Wentworth-Douglass Express Care locations.

All emergencies – no matter the degree of seriousness – share a common goal, the best possible outcome for the patient with efficient, accurate diagnosis and treatment.

When a condition is serious or life-threatening, the advantages of an Emergency Department located within a full-service hospital go beyond the immediate access to expert emergency care. Emergency Departments are often the gateway to hospital services and admissions – especially in situations where surgical intervention or advanced diagnostics and testing are called for.

According to Dr. Lukas Kolm, Medical Director, Seacoast Emergency Physicians, “time is precious.” A patient who needs to be admitted to the Intensive Care Unit (ICU) does not have to be transferred by ambulance to another facility. Or a patient coming into the Emergency Department with a heart problem has immediate access to the hospital’s catheterization lab, which is often critical to evaluating and opening blocked and narrowed arteries. Emergency room patients can also benefit from access to the advanced imaging capabilities and lab services located at Wentworth-Douglass.

**MASS GENERAL AT THE BEDSIDE**

“We can do amazing, progressive care here because of our access to technology and the expertise at Massachusetts General Hospital,” says Stacey Savage, RN, MSN, CPEN, CEN, Clinical Director of Emergency Nursing.

For example, in dealing with a stroke emergency, Emergency staff can access Mass General’s TeleStroke Program to connect via...
The Cutting Edge: Robotic-Assisted Surgery at Wentworth-Douglass Hospital

The most innovative and most precise robotic surgical system is now at our surgeons’ skilled fingertips. Wentworth-Douglass Hospital recently added a second da Vinci robot - Intuitive Surgical’s da Vinci Xi Surgical System - making it the largest, most experienced robotic surgical program on the Seacoast. The addition of the da Vinci Xi robot gives our surgeons even greater control and clarity. Its twisted instrumentation rotates far beyond a surgeon’s natural range of motion and eliminates tremors. The highly-magnified HD camera provides a crystal clear 3D view of the surgical site. Plus, integrated table motion allows patients to be moved and rotated into an optimal position during surgery.

“The hospital’s investment in the latest robotic technology means that complex surgeries that once would have required an open incision now are performed minimally invasively,” says Dr. David Coppola, Wentworth Health Partners general surgeon with Seacoast General Surgery. For patients, the benefits include small to no scars, a quicker recovery, decreased pain, fewer complications, less chance for infection, shorter time in the OR and under anesthesia, shorter hospital stays, less reliance on narcotic pain medications, and better overall satisfaction.

Sixteen Wentworth-Douglass surgeons are trained to performed robotic-assisted surgery, including some of the most experienced robotic surgeons in the country. Dr. Patricia Auty and Dr. Joseph Rodriguez, Wentworth Health Partners general surgeons with Seacoast General Surgery, have both recently surpassed 1,000 robotic-assisted cases. Given the breadth of their experience and expertise, they are considered “Robotic Epicenters” by Intuitive Surgical and are training the next generation of robotic surgeons.

Today, robotic-assisted surgeries at WDH include urology, gynecologic, general/abdominal surgeries, and now bariatric weight loss surgery. Wentworth-Douglass’s bariatric surgeons use the new da Vinci Xi robot to perform both Roux-en-Y Gastric Bypass and Sleeve Gastrectomy.

“When we use the most advanced surgical technology in the world for our patients with morbid obesity. We perform safe and very precise surgeries with great 3D visualization and amazing control, which helps them to achieve a speedy recovery with minimal pain medication use,” says Dr. Dmytro Havaleshko, medical director of the Center for Weight Management and Bariatric Surgery. “Using new da Vinci Xi robotic system allows us to deliver all the benefits of minimally invasive surgery to our patients.”

To learn more about robotic-assisted and minimally invasive surgery at Wentworth-Douglass Hospital, visit wdhospital.com/surgery or call (603) 609-6213.

Our Robotic Surgery Team: (Pictured L-R): Shilpa Lamba, MD; David Coppola, MD; Peter Hedberg, MD; Anne Kalter, MD; Dmytro Havaleshko, MD; Patricia Auty, MD. Not pictured: Julie Bleyenberg, MD; Molly Buzdon, MD; Elizabeth Chase, MD; John Munoz, MD; Cormac O’Neill, MD; Cynthia Paculli, MD; Joseph Rodriguez, MD; Jerome Schlachter, MD; Jeffrey Segil, MD; Joycelyn Vardo, MD.

Treating Cardiac Arrhythmias: A Q&A with Dr. Stephan Danik

Considered the “electricians” of the heart, electrophysiologists (EPs) diagnose and treat heart rhythm disorders, such as abnormally fast and abnormally slow rhythm problems. These can occur in patients with otherwise normal hearts and also in patients with other heart problems such as cardiomyopathy, congenital heart disease, heart failure or hereditary conditions. Wentworth-Douglass’s comprehensive Clinical Cardiac Electrophysiology program is led by Massachusetts General Hospital Electrophysiologists Dr. Conor Barrett, Dr. Chee Yuan Ng, and Dr. Stephan Danik. These experienced doctors offer extensive non-invasive and invasive treatments right here at Wentworth-Douglass for cardiac arrhythmias. Appointments will also be available at Wentworth-Douglass Hospital at Pease starting in November.

Q. How do I know if I have an arrhythmia?

SD: Depending on the type of arrhythmia, you may or may not be aware of it. There are a wide range of symptoms that you may feel, including fatigue, chest discomfort, shortness of breath, weakness, dizziness, or even episodes of passing out. Many people also have “palpitations” which are an abnormal awareness of your heart beating. If you have symptoms then your doctor may organize some simple tests including an electrocardiogram or heart rhythm monitor which can be worn while you are at home. The simple tests can help diagnose an arrhythmia or give your doctor information that one might be the cause of your symptoms.

Q. What treatments are available for arrhythmias?

SD: It is very important that treatment is individualized for the patient and their arrhythmia. Some arrhythmias do not require any treatment, some are managed with medications, and some are managed with a procedure. The procedures can involve a cardioversion (when electrical energy is used to restore a normal heart rhythm for people with atrial fibrillation), pacemakers or defibrillator implantations for slow or very fast heart rhythm disturbances, and catheter ablation. Catheter ablation involves a minimally invasive procedure when a catheter is placed in the heart from a vein in the leg. Then under X-ray guidance energy is applied to that area of the heart muscle that is causing the arrhythmia to eliminate the problem.

For more information about Wentworth-Douglass Hospital’s Clinical Cardiac Electrophysiology program, call the Wentworth Health Partners Cardiovascular Group at (603) 516-4265.
David Della Penta was in terrible pain in January of 2017. “I noticed I was losing muscle in my right arm. It got progressively worse, and by late spring I had a Bunsen burner feeling in my arm. It was unbearable,” says David, an avid golfer with a 3-handicap who had to lay down his clubs at the time.

David tried a cortisone shot for the pain. That didn’t work. He went for acupuncture, which yielded temporary relief, but was not a long-term solution. In September, he went to see Dr. Peter Dirksmeier, of Wentworth Health Partners Seacoast Orthopedics and Sports Medicine, who had previously treated him for a back problem.

Dr. Dirksmeier determined that the pain was emanating from a pinched nerve in the neck. “We concluded that he had a degenerative disc at C4-5, which was causing the neurological pain radiating down the back of his arm.” Not wanting to rush to surgery, Dr. Dirksmeier prescribed physical therapy as a first treatment step.

“The specialized spine physical therapists were very good, very attentive, but it just wasn’t getting any better,” recalls David. “I’m a very athletic guy. I was going to be 70 and wanted to enjoy my life. That was more important than anything else.”

So, after consulting with Dr. Dirksmeier, David agreed to anterior cervical discectomy and fusion (ACDF), a surgery to decompress the nerves and spinal cord. This involves removing the herniated or degenerative disc as well as the offending bone spurs that are causing the pain. “When we take a disc out, we have to fill that void,” explains Dr. Dirksmeier. “In David’s case, we opted to use a bone graft to maintain adequate space for the newly decompressed nerves and then create a fusion so that the top bone grows through the bone graft into the bottom bone.”

The replacement bone had to come either from David’s body or a cadaver. “The gold standard is to use the patient’s own bone,” explains Dr. Dirksmeier. “It heals the fastest and most reliably and that’s what we chose in this case. I told David that early on, pain from the bone graft harvest site would be his greatest discomfort after the surgery, but the pain gradually resolves and goes away.”

Prior to surgery, David went through the hospital’s Prehabilitation program, which helps patients prepare for orthopedic procedures. “I spent seven weeks with the cervical team. They were absolutely wonderful,” he notes.

The two-hour surgery took place in late December. “It was 7:15 in the morning,” recalls David. ‘Dr. Dirksmeier said, ‘Let’s go,’ and then next thing, I woke up in the recovery room. First thing I did was try to move my arm. It was pain free.’”

“It’s a tried-and-true operation,” says Dr. Dirksmeier. “Among all of the spinal surgeries that we do, this is one of the ones that’s most predictably successful. Patient selection is the key. In the right patient, the outcomes of spinal surgery are fantastic.”

David’s recovery took about three months. “David is the dream patient,” says Dr. Dirksmeier. “He’s detail oriented and follows instructions to the letter. He’s recovered beautifully and can once again do essentially anything he wants, with comfort being his guide.”

“I could have gone anywhere in the world to have this done but I really like Dr. Dirksmeier. He’s an athlete, an Iron Man, so he understood my need to stay active,” says David, who lives in Dover and is a generous donor to the Wentworth-Douglass Foundation. “I’m a supporter of community hospitals. My wife and I want to do our part to make sure the hospital has the resources it needs.”

David returned to the golf course in late March. “I just had a grandson. Now, I can really enjoy my life again, and start throwing a baseball with him when he gets older.”

David’s Story: Back to Golf After Spine Surgery
Barrington Health Center at (603) 664-2135. The practice in late August. For appointments with these providers, call Care at Pease. She is joined by Bhavik K. Bhulabhai, MD.

Smith was previously splitting time between Barrington and Primary Care at Pease. For more information, call Coastal Neurology Services at (603) 749-0913. This building is home to many other WHP primary care and specialty care practices, as well as onsite laboratory and imaging services. For appointments with Dr. Kousaie, call (603) 610-8092.

New Practice Location
Wentworth Health Partners (WHP) Coastal Neurology Services has moved to a new office located at 10 Members Way, Suite 300, in Dover. This building is home to many other WHP primary care and specialty care practices, as well as onsite laboratory and imaging services. For more information, call Coastal Neurology Services at (603) 749-0913.

Primary Care Changes
Joan Smith, MD, has returned to Barrington Health Center full time. Dr. Smith was previously splitting time between Barrington and Primary Care at Pease. She is joined by Bhuvik K. Bhulabhai, MD, who joined the practice in late August. For appointments with these providers, call Barrington Health Center at (603) 664-2135.

George Kousaie, MD, and Jacqueline Iryzk, APRN, will see patients fulltime at Primary Care at Pease beginning this fall. Dr. Kousaie had also been seeing patients at Great Bay Family Practice, while Iryzk was splitting time at Barrington. For appointments, call Primary Care at Pease at (603) 610-8050.

Great Bay Family Practice in Newmarket, NH, welcomes Deborah Learson, MD, FAAFP. Dr. Learson joined the practice in late August, providing care to patients of all ages. She has previously practiced in Central Maine and is board-certified in family medicine. For appointments with Dr. Learson, call (603) 659-0901.

Finally, Brendan Murphy, MD, has joined the team at Adult & Children’s Medicine of Dover. To become a patient of Dr. Murphy, call (603) 742-2007.
videoconferencing with a board certified stroke specialist at Mass General: “Together, we can evaluate and determine the next steps for care. When it comes to the assessment and treatment of stroke patients, time is brain,” says Stacey. The faster a patient receives proper treatment for stroke, the better the chances for recovery.

The clinical affiliation with Mass General’s Trauma and Acute Care Surgery Program means that patients have access to the latest treatment and emergency protocols. Our Emergency Department has a full-time Mass General trauma surgeon on staff in Dr. Peter S. Hedberg. In addition, Emergency Department staff members from Mass General come on-site once a month to conduct trauma “grand rounds” at Wentworth-Douglass, meeting with nursing staff, advanced care practitioners, and doctors to review emergency cases and protocols. These educational, training and information-sharing sessions can involve the larger community as well, with local Emergency Medical Services crews and paramedics often invited to participate.

CARE ABOVE & BEYOND
The WDH Emergency Department features 33 private rooms that are organized for efficient patient flow and patient privacy. Four of these rooms are dedicated to critical care.

“For younger visitors, we try to make the entire process less frightening and more welcoming,” says Stacey. There is a separate child-friendly pediatric room featuring a colorful hand-painted mural. Wentworth-Douglass is also the only area hospital to provide Child Life Specialists, who are on call to help ease the child’s concerns, support the family, and make the entire process less intimidating. This focus on patient comfort is also evident in the way that many typical procedures are implemented. For example, the Emergency staff includes nurses who are trained to use ultrasound to guide them when inserting an IV – utilizing image-guided technology to avoid multiple needle sticks. This is especially important for older adults whose skin may be more fragile and more prone to tears and bruising.

Along with the expert doctors and nurses, a dedicated social worker for the Emergency Department is available 7 days a week to assist in case management and to plan for care after discharge. This can be especially critical for an elderly patient, who, for example, may have experienced a fall and is returning home to an environment that needs to be safe and manageable. To meet a growing need for behavioral healthcare, the Emergency Department recently expanded to create a “respectful, quiet and safe space” for patients experiencing mental health crises with a full-time behavioral health case manager.

The Emergency Department team also is actively engaged in research, first responder education and training, disaster planning, community education, and public safety issues.

Dr. Kolm, who went to the University of New Hampshire, says that this local commitment is shared by his colleagues: “We are here to be accountable to the larger community that we serve. It’s what drives us. You just can’t replicate a staff who are so dedicated and invested in their community. Beyond our medical expertise, I’m proud of both the compassion and passion that we bring to our work.”

Stacey, a 20-year veteran of emergency care nursing, says, “I think we make an impact every day. It’s never the same twice and it can be demanding work – I’m challenged physically, emotionally and intellectually, but there is no greater job satisfaction for me than being part of this amazing team.”

Trusted Care When You Need It Most. To learn more about Wentworth-Douglass Hospital’s emergency services, visit wdhospital.com.
Antibiotics Aren’t Always the Answer.

Antibiotics save lives. When a patient needs them, the benefits outweigh the risks of side effects and resistance. When antibiotics aren’t needed, they won’t help you, and the potential side effects could actually cause harm. Reactions from antibiotics cause 1 out of 5 medication-related visits to the emergency department (ED). For children, the side effects of antibiotics are the most common cause of medication-related ED visits. Additionally, antibiotics resistance is one of the most urgent threats to public health. The emergence of bacteria that is resistance to antibiotics, sometimes called “super bugs”, means that illnesses are harder to treat and can spread more easily to other people.

The Centers for Disease Control and Prevention (CDC) has launched a national effort to help improve antibiotic prescribing and use and to help combat antibiotic resistance. Here’s what you should know to Be Antibiotics Aware.

When Are Antibiotics Needed?

Antibiotics are only needed for treating certain infections caused by bacteria. We rely on antibiotics to treat serious infections, such as pneumonia, and life-threatening conditions including sepsis, the body’s extreme response to an infection. Effective antibiotics are also needed for people who are at high risk for developing infections, including patients undergoing surgery, patients with end-stage kidney disease, or patients receiving cancer therapies.

When Are Antibiotics Not Needed?

An antibiotic will not make you feel better if you have a virus. Antibiotics do not work on viral infections, such as colds, flu, or runny noses, even if the mucus is thick, yellow or green. Antibiotics also won’t help for some common bacterial infections, including most cases of bronchitis, many sinus infections, and some ear infections. When antibiotics are not prescribed, your healthcare provider can offer some tips to relieve symptoms and help you feel better.

Why does taking antibiotics lead to antibiotic resistance?

Any time antibiotics are used, they can cause side effects and lead to antibiotic resistance. Antibiotic resistance is one of the most urgent threats to the public’s health. Always remember:

1. Antibiotic resistance does not mean the body is becoming resistant to antibiotics; it is that bacteria have become resistant to the antibiotics designed to kill them.
2. When bacteria become resistant, antibiotics cannot fight them, and the bacteria multiply.
3. Some resistant bacteria can be harder to treat and can spread to other people.

How can I stay healthy?

You can stay healthy and keep others healthy by:
• Cleaning hands
• Covering coughs
• Staying home when sick
• Getting recommended vaccines, for the flu, for example
Talk to your doctor or nurse about steps you can take to prevent infections.

To learn more about antibiotic prescribing and use, visit www.cdc.gov/antibiotic-use.

All information provided courtesy of the Centers for Disease Control and Prevention. Visit www.cdc.gov for more information.

OVERNIGHT OATS

Serves 1

INGREDIENTS:
• 1 jar with a lid
• 1/2 cup rolled or old fashioned oats (not instant)
• 1/4 cup to 1 cup liquid of choice: water, milk of choice, yogurt, kefir, etc. (use less liquid for a thicker consistency)

SUGGESTED FLAVOR COMBINATIONS
Cherry Chocolate: add 1/2 tsp almond extract, 1 Tbsp baking cocoa powder, 1/4 cup frozen cherries
Tropical: add 1 tsp chia seeds, 1 Tbsp shredded unsweetened coconut, 1/4 cup sliced pineapple
Pumpkin Pie: add 1/4 cup canned pumpkin puree, 1 tsp vanilla extract, 1 tsp pumpkin pie spice
Apple Pie: add 1/4 cup diced apples, 1 tsp apple pie spice, 1/4 scoop vanilla protein powder

DIRECTIONS:
1. Combine all desired ingredients into a jar, place lid on jar, shake to mix, and place in refrigerator overnight.
2. In the morning, shake or stir to combine and either eat as is (cold), or heat in microwave to desired temperature.

NUTRITION FACTS: Varies based on the flavors you choose to add.

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Emily Thompson, RD, Bariatric Dietitian, Wentworth-Douglass Hospital Center for Weight Management and Bariatric Surgery
Is a Clinical Trial Right for You?

People diagnosed with cancer are living longer, healthier lives thanks to better and more effective treatments — current treatments that would not be possible without clinical trials.

Cancer clinical trials are research studies designed to discover new and better ways to prevent, diagnose and treat cancers. Simply stated, “Clinical trials are exploring the future of cancer care to improve outcomes and quality of life,” says Arul Mahadevan, MD, FRCS, medical director of radiation oncology and head of the clinical trial program for the Seacoast Cancer Center.

Wentworth-Douglass Hospital’s Seacoast Cancer Center offers patients access to a variety of clinical trials focused on finding new ways to treat cancer or to improve the quality of life of people living with cancer. These are Phase II and III trials, which are generally larger national studies that help doctors understand the effectiveness of new drugs or treatments. These studies are usually randomized, with groups of patients assigned to receive the new treatment or the current standard of care.

Clinical trials offered by the Seacoast Cancer Center are sponsored or funded by the National Cancer Institute (NCI) or by pharmaceutical collaborators. “Our ability to enroll patients in clinical trials means the Seacoast Cancer Center meets rigorous national standards for patient care that have been verified by independent organizations accredited by the National Cancer Institute,” explains Dr. Mahadevan.

Is a Clinical Trial Right for You?

There are clinical trials for all types and stages of cancer. It’s a myth that a patient must have exhausted all other options before enrolling in a trial. At the Seacoast Cancer Center, research staff screens every patient to see if they meet the eligibility requirements for an available clinical trial. If a match is found, the provider will discuss the trial with the patient, going over all the potential benefits, risks and responsibilities up front.

Our providers also collaborate closely with Massachusetts General Hospital and other academic medical centers to help patients who need specialized care or access to a particular clinical trial.

New trials are always being added. “Our staff is always scouting for new trials that will offer the most benefit to our community and that are asking the most important questions,” says Christine Pilar BS, CCRC, Lead Clinical Research Coordinator – Oncology.

A list of trials that are currently enrolling patients at the Seacoast Cancer Center can be seen at wdhospital.com/cancer.

Your cancer care means the world to us. The Seacoast Cancer Center’s team of highly specialized caregivers is dedicated to providing exceptional cancer care, every day, in Dover and coming soon to Pease. For more information, call (603) 742-8787 or visit wdhospital.com/cancer.

Thanks for Rallying with Us!

The 5th annual Seacoast Cancer 5K was held Sunday, September 23. What a year it was! We surpassed an incredible milestone – over $1 million raised since the event began. An amazing accomplishment to help those affected by cancer on the Seacoast, thanks to the generosity of every runner, walker, volunteer, donor and sponsor. Thank you!
UPCOMING CLASSES, PROGRAMS & EVENTS

Wednesday  
Oct. 17  
3:00 – 5:00pm  
Breast Cancer Awareness Month Tea  
Join us for the Seacoast Cancer Center’s 3rd annual afternoon tea in honor of Breast Cancer Awareness Month in October. Please RSVP by October 12.  
REGISTER: (603) 609-6220  
LOCATION: Silver Fountain Inn and Tea Parlor, 103 Silver Street, Dover

Thursday  
Oct. 18  
6:30 – 8:00pm  
Surgical Weight Loss Information Session  
Considering weight loss surgery? Join us for our free monthly information sessions to learn more about the surgical weight loss procedures available at Wentworth-Douglass Center for Weight Management & Bariatric Surgery. Can’t make October 18? Additional sessions will be held on November 1 and December 20.  
REGISTER: (603) 936-9983 or wdhospital.com/newme  
LOCATION: Wentworth-Douglass Garrison Auditoriums

Tuesday  
Oct. 23  
12:00 – 7:30pm  
Spiritual Care Conference  
Celebrating its 10th year, the annual Spiritual Care Conference will explore the connection between spirituality and behavioral health. Join us for afternoon workshops, a keynote address, dinner, and the presentation of the 2018 Bob Ervin Spiritual Care Award. Keynote presentation by John T. Broderick, Jr., Senior Director of Public Affairs at Dartmouth-Hitchcock and former Chief Justice of the New Hampshire Supreme Court.  
REGISTER: wdhospital.com/events  
LOCATION: Wentworth-Douglass Garrison Auditoriums

Tuesday  
Oct. 25  
6:00 – 7:00pm  
A Pediatrician’s Understanding of LGBTQ  
Retired pediatrician Skip Small, MD, will attempt to increase your understanding of why we, as humans, cannot always be defined physically and mentally as male or female. This will be a factual presentation about how the LGBTQ experience applies to health care. An open mind is encouraged, but not required. Prior knowledge and/or experience is not necessary. Presented by the Wentworth-Douglass Hospital Diversity and Inclusion Committee  
REGISTER: wdhospital.com/events  
LOCATION: Wentworth-Douglass Garrison Auditoriums

Saturday  
Nov. 3  
8:00am – 12:00pm  
Atrial Fibrillation in 2018  
(CME/CEU Opportunity for Clinicians)  
Massachusetts General Hospital and Wentworth-Douglass Hospital will co-present a half-day symposium on the latest, evidence-based guidelines for the diagnosis, treatment, and management of atrial fibrillation. Presenters and panels will include specialists from Mass General’s Cardiac Arrhythmia Service and Wentworth-Douglass Hospital’s cardiovascular team. This clinical event is geared to cardiologists, emergency medicine physicians, primary care providers, hospitalists, nurses and other clinicians. CMES and CEUs available.  
REGISTER: wdhospital.com/events  
LOCATION: Wentworth-Douglass Garrison Auditoriums

Tuesday  
Nov. 27  
Giving Tuesday  
Giving Tuesday is a global movement to bring people and organizations together to give back. Join in supporting the Wentworth-Douglass Foundation. Your gift will support programs and services that help people in your community.  
DONATE: wdhospital.com/donate

Wednesday  
Dec. 5  
5:30 – 7:30pm  
Food & Family – Encouraging Healthy Eating Habits  
Back by popular demand! This workshop will focus on helping families navigate issues such as picky eaters and balancing good nutrition on a busy schedule. We will host a food tasting, a cooking demo and everyone in attendance will leave with recipes for foods they love! Presented by Dave Goff and Leigh Davenport, RD, LD.  
REGISTER: wdhospital.com/events  
LOCATION: Wentworth-Douglass Garrison Auditoriums

Nov. 1 – Dec. 15  
Marketplace Open Enrollment Assistance  
During the open enrollment period, certified application counselors will be available to help answer your questions, access information online and enroll in insurance plans.  
FOR MORE INFORMATION: (603) 740-1291 or wdhospital.com/insurance-marketplace  
LOCATION: Wentworth-Douglass Hospital and Wentworth-Douglass Financial Assistance Office, 121 Broadway, Dover, NH

Don’t Miss Our Events

Wentworth-Douglass Hospital  
IN THE COMMUNITY

Our thanks to Northeast Delta Dental for its continuing support of the Wentworth-Douglass Community Dental Center, which provides general dental care to qualifying individuals and families in the greater Dover community who would otherwise be unable to afford it. The gift was made in honor of Robert Link, DDS, of D’Agostino Dental Associates, for his longstanding commitment to both Delta Dental and the Dental Center. Pictured are Ben Bradley and Kelly Clark of the Wentworth-Douglass Foundation, Dr. Chalkin, and Christa Keddie, Oral Health & Wellness Solutions Specialist for Northeast Delta Dental.

For five years in a row, Wentworth-Douglass Hospital has achieved the Healthgrades Outstanding Patient Experience Award™. This distinction recognizes Wentworth-Douglass as among the top 5% of hospitals nationwide, according to survey data compiled by Healthgrades.

Healthcare with Heart!  
For five years in a row, Wentworth-Douglass Hospital has achieved the Healthgrades Outstanding Patient Experience Award™. This distinction recognizes Wentworth-Douglass as among the top 5% of hospitals nationwide, according to survey data compiled by Healthgrades.

See more of our awards and recognition as wdhospital.com.

At the Chamber Collaborative of Greater Portsmouth’s annual Street Life event in August, Todd Sigmon, MHA, AVP of Pease Campus and Business Development, spoke about the exciting expansion underway at the Wentworth-Douglass Hospital at Pease campus. Part of this expansion includes the opening of a second location of the Seacoast Cancer Center in spring of 2019. Learn more at www.getbetteratpease.com.