We Are Getting Better at Pease

Wentworth-Douglass Hospital has a 112-year history in the Dover community. In 2016, we decided to bring that long-standing tradition of compassionate care and healthcare innovation to Portsmouth with the opening of Wentworth-Douglass Hospital at Pease. Now, we are preparing to take a bigger leap into Portsmouth with a major expansion of our campus on the Pease Tradeport.

Construction is underway that will add 85,000-square-feet of space in two new buildings on the campus, including a Portsmouth location of Wentworth-Douglass’s award-winning Seacoast Cancer Center.

The Seacoast Cancer Center at Portsmouth will offer all of the services patients can find in Dover, including medical oncology, radiation therapy, specialty cancer clinics, as well as support, wellness and survivorship programs. It is expected to open in spring 2019.

“The Seacoast Cancer Center’s reputation for providing the most comprehensive programs by nationally-recognized clinicians using the newest techniques and technology is well known across the Seacoast region. We are pleased to bring this level of care closer to patients in Portsmouth and on the coast with the opening of this new location,” says Greg Walker, President and CEO of Wentworth-Douglass Hospital.

The second new building being added to the Wentworth-Douglass Hospital at Pease campus will house expanded primary care and several specialty care offices, diagnostics, and more. It will open in 2020.

Wentworth-Douglass at Pease’s existing medical office building, located at 73 Corporate Drive, first opened in November 2016. It offers walk-in Prompt Care, a primary care practice, specialty care clinics, and laboratory services. New services have been consistently added since it opened, including cardiology, neurology, and travel medicine.

“The response from the Portsmouth community has been outstanding,” says Walker. “The level of excellence Wentworth-Douglass provides is resonating with our new patients at Pease, and as a result we are seeing an expansive growth of our programs and services there.”

To learn more about Wentworth-Douglass Hospital at Pease, call (844) WD-PEASE or visit getbetteratpease.com.

Are you looking for ways to help improve the health of your workforce?
Call Todd Sigmon, AVP of Wentworth-Douglass Hospital at Pease Business Development, at (603) 609-6655.
n May, Wentworth-Douglass Hospital, Massachusetts General Hospital and Exeter Health Resources announced they are exploring opportunities to develop a new regional network to collaboratively deliver health care within the Seacoast region.

If an agreement is ultimately signed and approved by regulators, a new, regional non-profit corporation will form to serve as the parent company to Wentworth-Douglass and Exeter. This new corporation would be a subsidiary of Mass General.

Working together, the organizations would share a vision to further strengthen, enhance and grow the clinical services to best meet the health care needs of the Seacoast community, and do so in a cost-effective, coordinated and sustainable manner. The partnership would strike a balance allowing the hospitals to continue offering high-quality care to patients in their local communities, while collaborating to bring more specialized care to the region that neither hospital could sustain on its own.

“This is a win win for our communities,” says Greg Walker, President and CEO of Wentworth-Douglass Hospital. “When we joined Mass General, our vision was to bring greater access to the highest-quality clinical care in the region; to develop the most qualified and capable physician network supported by the most sophisticated technology and advanced health care records systems – and to continue to deliver care locally. Joining with Exeter will further advance our ability to do just that.”

Wentworth-Douglass was acquired by Mass General and Partners Healthcare in January 2017, after a decade-long clinical affiliation in stroke, and slowing the rate of rising health care costs,” says Peter L. Slavin, MD, President of Mass General.

Wentworth-Douglass, Exeter Health Resources and Massachusetts General Hospital
Exploring Plans for a Regional Health Network

PARTNERING WITH THE COMMUNITY’S FIRST RESPONDERS

Simulation Center Offers Training to Local EMS

Urgent obstetrical deliveries, surgical airways, and traumas – these are some of the emergency scenarios paramedics and firefighters have practiced using Wentworth-Douglass Hospital’s advanced Simulation Center.

The Simulation Center was developed to help strengthen the hospital staff’s preparation and confidence in handling high-risk, low-volume emergencies using evidence-based best practices. But, says Julie Cole, MSN, RN-BC, Clinical Educator, “Improving the care patients receive within the hospital often begins with a strong partnership with the community’s emergency medical providers to ensure patients are receiving the best, evidence-based care from start to finish.”

Paramedics and firefighters from Somersworth Fire and Dover Fire & Rescue have completed 324 simulated learning hours in the Simulation Center since it opened in 2016. Using the center’s three life-like simulation mannequins allows participants to practice high-risk scenarios in a safe learning environment. These simulations have helped EMS providers prepare for national certifications. Somersworth used the pediatric mannequin to practice working with children with special medical needs, like autism, with expert guidance from our Respiratory Therapist, Pediatric Advanced Practice Nurse, and Child Life Specialist.

Wentworth-Douglass donates the use of its Simulation Center rooms and mannequins, as well as content experts, simulator operators, and materials.

“Wentworth-Douglass has also begun implementing the Partners electronic medical record system to create a more seamless experience for patients.

Like Wentworth-Douglass, Exeter Health Resources, and its affiliates Exeter Hospital, Core Physicians and Rockingham VNA & Hospice, is a leading healthcare institution in the southern NH region. And similarly, it has benefitted from a longstanding clinical affiliation with Mass General in stroke and cancer care.

“Developing this regional health care delivery network in collaboration with Wentworth-Douglass and Mass General combines the outstanding qualities of those institutions with those of Exeter Health Resources and creates a new pathway for Seacoast communities to access high value health care – from primary care to the most advanced care available,” says Kevin Callahan, President and CEO of Exeter Health Resources.

Since signing a letter of intent to explore the creation of this network, the three organizations are now engaged in the due diligence phase and will collaboratively negotiate and develop a Definitive Agreement, which is subject to review by regulatory officials. As part of the regulatory approval process, community forums will be held where members of the public can ask questions and learn more about this vision. The due diligence and regulatory process is expected to take 15-18 months to complete.

“We look forward to future discussions to explore how – together – we can focus on enhancing care and extending access, availability of services, and slowing the rate of rising health care costs,” says Peter L. Slavin, MD, President of Mass General.

To learn more, visit wdhospital.com.
2017 was an amazing year for Wentworth-Douglass Hospital. As a new member of the Massachusetts General Hospital family, we began work collaborating to bring new clinical programs to our patients and community.

We expanded our cardiology program under the leadership of Dr. Conor Barrett, Clinical Director of Cardiac Arrhythmia at Mass General. He and two additional specialists brought to Dover advanced electrophysiology services used to diagnose and treat heart rhythm disorders caused by abnormalities in the heart's electrical activity. In neurology Mass General physician Dr. Daniel Hoch now leads Wentworth-Douglass's new and growing Epilepsy Clinic to provide consultation, diagnosis, testing and EEG monitoring, and disease management to improve the lives of patients experiencing seizures. Integration work continues in many areas as we work to plan a synerigize our electronic medical record and business office systems and functions with the Partners HealthCare systems.

We also welcomed new Wentworth Health Partners physician practices and their teams to our family, including the Wentworth-Douglass Center for Orthopedics & Joint Replacement, the Surgical Optimization Center, Head & Neck Surgery Group of NHL, a second location for Coastal Neurology in Portsmouth, and a new General Surgery practice. Expansion at Wentworth-Douglass Hospital at Pease included the new Wentworth Health Partners Cardiology at Pease and cardiovascular testing. We created an innovative, patient-centered model of care for our internal medicine practices by combining offices and creating Wentworth Health Partners Internal Medicine with care truly centered on patients' needs.

We renovated space on the second floor of the hospital for additional infusion treatment services for the Seacoast Cancer Center and added the newest technology for radiation therapy, The Edge linear accelerator. Our cancer center now offers the most comprehensive and precise radiation treatments in the region.

We grew the Seacoast Cancer 5K to over 2,500 people — raising more than $37,000 and supporting our goal to improve our culture of philanthropy.

We began new quality programs to support our Zero Preventable Harm initiative, and we continue to realize a positive financial performance and superb ratings in patient experience.

2018 looks just as bright as we work with Exeter Health Resources and Mass General to explore opportunities to develop a new regional network to collaboratively deliver health care for the Seacoast region. We are also moving forward with plans to expand our campus at Wentworth-Douglass Hospital at Pease. Construction is underway for a second location for the Seacoast Cancer Center, expected to open next spring, and another building to house additional primary and specialty care space slated to open in 2020.

Thank you to all in our community for supporting Wentworth-Douglass and trusting us for your health care needs.

Sincerely,
Gregory Walker, FACHE
President & CEO, Wentworth-Douglass Hospital

A MESSAGE FROM THE PRESIDENT

2017 Annual Report

FISCAL YEAR 2017* AT A GLANCE

<table>
<thead>
<tr>
<th>CONSOLIDATED BALANCE SHEET (AUDITED)</th>
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<tr>
<td>JANUARY 1 - SEPTEMBER 30, 2017</td>
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<td>Assets</td>
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<td>Current Assets</td>
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<td>Total Liabilities &amp; Fund Balances</td>
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RECORD OF SERVICE - FISCAL YEAR 2017*  

| Admissions                           | 6,348 |
| Observations                         | 1,958 |
| Anesthesia Cases                     | 9,160 |
| Births                               | 913   |
| Cardiology Procedures                | 25,811 |
| Endoscopy Procedures                 | 3,519 |
| Emergency room & Express Care Visits | 4,759 |
| Laboratory Tests                     | 526,286 |
| MRI Exams                            | 3,783 |
| Meals Served in the Cafeteria        | 40,857 |
| OR Cases                             | 5,437 |
| Pharmacy Doses Issued                | 626,953 |
| Physical Therapy Treatments          | 93,545 |
| Pulmonary Treatments                 | 13,405 |
| Radiation Therapy Treatments         | 12,376 |
| Medical Oncology Treatments          | 5,463 |
| Volunteer Hours                      | 34,880 |
| X-Ray Exams and CT Scans             | 56,166 |
| Wentworth Health Partners Primary Care Visits | 88,835 |
| Wentworth Health Partners Specialty Visits | 106,603 |
Invested in the Health of Our Community

How is Wentworth-Douglass giving back to its community? By providing Care-Vans to patients who need reliable transportation to medical care, offering advanced medical simulation training to first responders, and investing in substance misuse treatment programs — to name just a few of our community benefits!

As a non-profit, charitable organization, Wentworth-Douglass Hospital is invested in the health of our community. Our mission is to help individuals achieve their highest level of health, and it’s a commitment that extends beyond the walls of the hospital. Therefore, each year a portion of our annual budget is directed to programs and services that align with the health needs of the community as a whole.

In calendar year 2017, Wentworth-Douglass Hospital’s community benefit funding exceeded $23 million of the hospital’s annual budget. In addition, the Wentworth-Douglass Foundation provided more than $1 million to support the hospital’s charitable mission, including support for subsidized dental care, music and aquatic therapy for children with special needs, and cancer wellness programs, among other initiatives. In total, Wentworth-Douglass invested $24 million in its charitable mission.

To put those dollars to the best use, we aligned our funding with efforts to address the top community health needs identified through a comprehensive needs assessment that is conducted every three years, most recently in 2016. This analysis found the following issues to be among the most pressing:

- Affordability of Care and Insurance Barriers
- Community Health Education
- Dental Health and Access to Dental Care
- General Healthcare and Access to Primary Care Services
- Mental Health and Access to Mental Health Services
- Needs of the Aging Population
- Obesity, Nutrition, and Physical Activity
- Substance Misuse and Access to Substance Misuse Treatment Services
- Transportation

For the complete community benefits report, visit wdhospital.com.

THE INFORMATION BELOW IS JUST A SMALL SAMPLING OF THE COMMUNITY BENEFITS WENTWORTH-DOUGLASS OFFERS TO STRATEGICALLY ADDRESS THE COMMUNITY’S TOP HEALTH NEEDS.


COMMUNITY HEALTH EDUCATION

794 Simulation Center Learners
1,090 Simulation Center Learning Hours

- Hosted Free Community Education Sessions throughout the year to address a variety of topics including: colon cancer, cancer prevention, type 1 diabetes, stroke support, parenting education, pain management, CPR training, and more.
- Opened up our advanced medical Simulation Center, allowing our clinicians and others in the community to practice real-life medical scenarios. (See story on page 2.)

MENTAL HEALTH ACCESS / SUBSTANCE MISUSE TREATMENT SERVICES

15,686 Behavioral Health Services Appointments

- Hired additional behavioral health clinicians and counselors and expanded access for patients. (See story page 5.)
- Expanded the Emergency Department to better accommodate patients experiencing mental health emergencies as they await transfer to appropriate treatment centers.
- Participated in a regional task force to improve the availability and coordination of behavioral health services.
- Provided significant resources and funding for many community initiatives, including Dover Youth to Youth Coalition, the Triangle Club, and Hope on Haven Hill.

TRANSPORTATION

16,152 Patient Trips in our Care-Vans
131,092 Miles Travelled by our Care-Vans

- Offered Care-Van services to patients who need reliable means of getting to appointments. The majority of requests are for physical and occupational therapy and cancer treatments.
- Funded a grant for the Alliance for Community Transportation, a regional program that coordinates transportation for elderly and disabled residents.

NEEDS OF THE AGING POPULATION

562 Palliative Care Consults
2,280 Palliative Care Follow-ups

- Continued to grow our Palliative Care services, which provides coordinate care and support for patients and families experiencing serious illness.
A primary care provider is in the exam room with a patient who is emotional about a new diagnosis. In a new model for behavioral health care being piloted at Wentworth Health Partners Internal Medicine, this medical provider could call a behavioral health specialist working down the hall to help the patient address their anxieties in real time, instead of waiting for a referral and appointment.

This pilot project is part of Wentworth-Douglass Hospital’s innovative effort to integrate behavioral health services into its Wentworth Health Partners primary care offices. Today, psychiatric nurse practitioners and licensed behavioral health specialists work alongside providers in four primary care practices to handle referrals from patients, allowing for a more holistic approach to the patient’s care.

“For a preventative model of health care to work it must focus on both the body and the mind,” says Kellie Mueller, MEd, Director of Behavioral Health. “The integrated behavioral health model embraces and encourages this approach.”

Mueller explains: “Medically, we can do everything right to help a patient manage his diabetes, but if we don’t also address his depression, he may not adhere to the treatment plan.”

One in four Americans is affected by a mental illness each year. Anxiety, depression, insomnia and substance use disorders, among others, are not uncommon. That’s why access to behavioral health services ranks among the top healthcare needs identified by our Community Health Needs Assessment year after year.

The stigma associated with seeking mental health care also is beginning to diminish, especially as programs integrated into the primary care office improve access to care. In 2017, Wentworth Health Partners integrated behavioral health specialists conducted more than 5,500 patient visits. Wentworth Health Partners Great Bay Mental Health saw close to 10,000 patient visits.

“Wentworth-Douglass is committed to developing new and richer behavioral health services,” says Mueller. “Working with statewide initiatives and local partners, we will continue to thoughtfully grow our programs to help meet the mental health and substance use disorder needs in the community.”

Gerety, L.Ac., who is also a professional youth speaker, used interactive storytelling to instill messages about being grateful, kind and positive. Holly Roche, MS, LMT, guided the students through simple meditation exercises.

Roche describes meditation as an opportunity for our bodies and minds to stop racing, refuel and recharge — with health benefits for all ages. For the youngest kids, she created a guided imagery meditation by asking them to use their active imaginations to picture themselves in any place that makes them happy and comfortable. “They were still wiggly, but it was amazing, even after just five minutes you could see them let down a bit.”

Closer to the hospital, the Seacoast Cancer Center has presented programs for the Dover School District, educating students and parents about the cancer risks associated with indoor tanning and vaping, and answering questions about the HPV vaccine. And last year, the Women & Children’s Center launched its Family Wellness Series, hosting monthly workshops for parents and kids.

The common thread of all these efforts – no matter the audience or venue – is a commitment to helping shape stronger, healthier communities.
A MESSAGE FROM THE FOUNDATION CHAIR & VICE PRESIDENT INVESTING IN EXCELLENCE

Excellence doesn’t just happen. It’s a choice Wentworth-Douglass Hospital doctors, nurses, therapists, technicians and others make every single day. At the Foundation, we’re able to help these talented caregivers make that choice—to go above and beyond—thanks to the generosity of all those listed here. The support of grateful patients, business leaders and friends gives us the financial flexibility to help Wentworth-Douglass do more for patients. It allows us to invest in promising new technologies and best-in-class enhancements that insurance reimbursements alone won’t cover.

We know that you have choices when it comes to supporting worthy causes. We’re grateful for your philanthropy to Wentworth-Douglass Hospital and the confidence it demonstrates in the Foundation. In everything we do, we strive to be good stewards of your trust, using your donations wisely to augment patient care. In short, your investment helps us to be an outstanding community hospital for you, members of our outstanding community. On behalf of the Foundation Board, thank you!

In appreciation,
Jay Levy Chair of the Wentworth-Douglass Foundation Board of Directors
Kelly MacLean Clark, Vice President of Philanthropy & Community Relations

Thank you to these generous donors who made annual fund contributions in support of Wentworth-Douglass Hospital’s life-saving mission between January 1 and September 30, 2017.

ARIOCH WENTWORTH SOCIETY $25,000 AND GREATER
Ms. Elta M. Shaw
Mr. & Mrs. Michael Steinberg
FRANCIS S. DOUGLASS SOCIETY $10,000 - $24,999
Mrs. & Mr. Gregory Walker
Ms. Etta M. Shaw*
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Mr. & Mrs. Michael Steinberg
Mr. & Mrs. Jeffrey Pollock

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Good news: people with cancer are now living longer. Many cancers are now treatable as chronic conditions and some can be cured altogether. According to the American Cancer Society, survivorship is expected to increase 25% over the next 10 years.

The term “survivor” refers to anyone with a history of cancer, starting from the time they are diagnosed. The challenge is that people living with cancer often need care beyond the treatment for their acute diagnoses. Survivors may need guidance, for example, on exercise and nutrition to fight the fatigue that follows treatment. They might benefit from financial counseling to navigate being out of work for months. Or they may find peer support helpful in adjusting to life after cancer treatment.

Now they’ll be able to find this comprehensive approach to specialized care through the enhanced Survivorship, Health and Wellness Program at Wentworth-Douglass Hospital. Funded with proceeds from the Seacoast Cancer 5K and the generosity of donors, the program will directly benefit the patients and families of the Seacoast Cancer Center (SCC).

GROWING DEMAND

There’s no question that survivorship services will be in demand. “Patient volume at the Seacoast Cancer Center has grown considerably in the last four years,” says Susan Gallagher, Assistant Vice President of Cancer Services. “The number of medical oncology treatments has increased by 38% and radiation treatments by 16%. The center has added services, clinicians and equipment to meet the needs of our Seacoast community.”

In this case, philanthropic support is a game-changer for the Seacoast Cancer Center. “Like many cancer centers, we’ve evolved over the years from the strictly diagnostic and treatment model of the past. With this new program, we’ll be better able to coordinate and expand upon the full scope of cancer care that we now offer,” she says.

The Survivorship, Health and Wellness program enhances the expertise needed to develop and monitor care plans for the growing number of survivors. Services help patients regain and improve their health for the long term and are individualized, based on their specific needs. Care plans may include things like smoking cessation programs, fitness and physical rehabilitation, as well as seminars and workshops for both survivors and their families.

“These services used to be ‘nice to have,’ observes Gallagher. ‘They’re now considered ‘need to have for comprehensive cancer centers.’ The SCC has a strong reputation for being a leader in cancer treatment and innovation. It was one of just 42 cancer programs in the country—and the only one in New Hampshire—for which the American College of Surgeons Commission on Cancer in 2016. The SCC received a three-year reaccreditation, earning 100% of the points possible—‘exemplary performance’—and was named a Leader in Comprehensive Cancer Care by the ACCC. This status is a testament to the quality of care provided by the SCC.”

GAME CHANGER

And there’s more good news: the Survivorship, Health and Wellness program won’t be starting from scratch. “Wentworth-Douglass already offers many of these services,” says Judith Geaghan, LICSW, Community Outreach Coordinator at the SCC. “Like many cancer centers, we’ve evolved over the years from the strictly diagnostic and treatment model of the past. With this new program, we’ll be better able to coordinate and expand upon the full scope of cancer care that we now offer,” she says.

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When it Comes to Health Care and Charity, It’s Personal for Reed and Dube

On the surface, a car dealership and a community hospital don’t seem to have much in common. Debbie Reed, president of Bill Dube Ford Toyota in Dover, however, sees a lot of parallels between her line of work and that of Wentworth-Douglass Hospital.

“Wentworth-Douglass is trying to achieve what every great business does: It wants to be the best it can be for its customers. The hospital is always trying to improve and do things better,” she says. And like her car dealership, which nearly doubled in size when it opened its new facility on Dover Point Road in 2012, “the growth at Wentworth-Douglass has been incredible.”

A longtime resident of Dover, Reed has had a front row seat on the changes at the hospital. “I was on the Foundation board for a number of years and was always amazed when we would take people on tours,” she says. “All of the employees are so proud of the hospital. And not just doctors—everyone: nurses, radiology technicians, the maintenance staff. It almost feels like a family business in that way. I like to be around people like that. I like to support organizations like that.”

**GIVING THANKS, GIVING BACK**

That’s why Reed and her father, the eponymous Bill Dube, have made it a point to sponsor hospital events like the Women & Children’s Center Charity Golf Classic and the Seacoast Cancer 5K. “You can get specialty care at Wentworth-Douglass—care you typically can’t get from a community hospital. A hospital like this draws people to the area,” she says. “The ability to get really great health care, close to home, helps me attract employees.”

This is more than strictly business to Reed; however, it’s also very much personal. Her father, who is now 81, has been a “frequent flyer” at Wentworth-Douglass for the past several years. “He’s been having regular infusion treatments at the Seacoast Cancer Center. But it’s not cancer—it’s a blood condition,” she explains. “They’re not sure exactly why, but he’s anemic and losing blood internally. He’s also not regenerating blood. Dube goes in twice a week for blood tests; when his hemoglobin is low, he has a blood transfusion.

Reed is grateful that her father is under the watchful eye of Dr. Barbara Civiello. “Dr. Civiello is right on top of his care,” she notes. “My dad is also a cardiac patient. In the past, he’s had a heart attack and bypass surgery. She communicates regularly with his cardiologist. And last year, he had back surgery at Wentworth-Douglass. Dr. Civiello was all over it, coordinating things with his doctor. She really goes above and beyond—and not just for him. I know she does this for all of her patients.”

**PATIENT CARE, INSIDE AND OUT**

As a thanks for her father’s excellent care at the center—and in recognition of so many people affected by cancer—Reed decided to form a team for this year’s Seacoast Cancer 5K. “My general sales manager lost her sister to breast cancer earlier this year. My office manager lost her mother to cancer a few years ago. We lost another employee to cancer two years ago. It made me realize that so many of my employees have suffered losses to this horrible illness, but we also have had some wins,” Reed says. “We’ve formed a team to honor those we have lost and to celebrate our survivors who are still able to work with us to make our organization the best it can be.”

The team includes Reed; her mom, Sheila Dube; her teenage daughters, Abigail and Brayden Reed; along with employees and friends. Reed plans to match a certain amount the team raises, as well as go to Toyota for a corporate match, which provides dealerships matching gift funds of up to $20,000 annually. “With the match we can really focus our fundraising support and double what we can give back to the community,” says Reed.

“I’m doing this partially because I’m grateful for the care my dad has received at the cancer center. But, I’m also doing this because I know Wentworth-Douglass Hospital is a great organization,” she notes. “As a former member of the Foundation board, I know first-hand how hard they work to treat patients, and honor those we have lost and to celebrate our survivors who are still able to work with us to make our organization the best it can be.”

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“My dad has had an excellent experience all the way around,” Reed concludes. “People at Wentworth-Douglass don’t treat you like a number. They treat you like they care—like they’re truly interested in you—because they are.”

---

**TRIBUTE GIFTS**

In memory of Patricia C. Adams
Mr. Mark T. & Ms. Lisa Conly Cronin
Mr. & Mrs. William H. Seed

In honor of Summer Anderson
Ms. Deborah Ballantyne

In memory of Marjorie Avery Wentworth-Douglass Hospital Patient Experience Office

In memory of Kimberly Bartolomy Cutty Sark Hotel Performance Printing & Heating, Inc.

In honor of Cecil Bean
Mrs. Gail Roulo

In memory of Mike & Pat Burns
Ms. Elizabeth Sheldon

In memory of John K. Butts
Mr. Charlie & Ms. Maribeth Hathaway

In honor of Ronald Cartier
Mr. Paul & Mrs. Jacqueline Winckler

In memory of Theodore Cathcart
Mr. & Mrs. H.W. Culleton

In honor of Barbara Civiello Bill Dube Inc. Ford Toyota Scion Mr. & Mrs. Geoffrey Civiello

In memory of Katherine L. Clifford Mr. & Mrs. John Kennedy

In memory of Irene D’Oen Mr. & Mrs. H.W. Culleton

In memory of Arthur Dianne
Mr. Roger Dionne

In memory of Noreen Duquette
Mrs. Maile Moore
Ms. Pamela Bollard
Ms. Leigh Conway
Mrs. Loraine Gagne
Ms. Christine Henderson

In memory of Donald L. Faulkingham
Hannet E. Gowan

In memory of Beverly Feeney
Mr. Thomas Feeney

In memory of Julie Fortin
Mr. Charlie & Ms. Maribeth Hathaway

In memory of David Fulton
Anonymous

In memory of Frank Getchell
Tasker Funeral Home, LLC

In memory of Janine Marie Gilbert
Mr. Raymond Mitchell

In memory of Miles S. Goldberg
Anonymous
Ms. Tonya Carston
Ms. Ashley Child
Ms. Dr. D. & Ms. Kelly Clark
Ms. Jane Dugas
Dr. Thomas Joseph Lydon
Mr. Richard Mckasing

In memory of Kenneth R. Greigore
Mr. & Mrs. Wayne Clappier
Mr. Edward Cusson
Granite Steak & Grill
Ms. Debora Greene
Ms. Dr. K. & Mrs. Marilyn Hickey
Mr. & Mrs. Russell Lachance
Ms. Patricia Lynch
Mr. & Mrs. Robert Maddalen

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*“I am inspired to give to the Foundation because each day I witness the incredible passion, care and expertise of my colleagues at Wentworth-Douglass. I am proud to be part of the Wentworth-Douglass family.”*

- Pamela Poulin, MS, RN, Executive Director, Critical Care Services

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CONTINUED
In memory of Jean Lynch
Mr. & Mrs. Charlie & Maribeth Hatheway
In memory of Ernest & Mildred Marshall
Mr. & Mrs. Richard Clark
In memory of Diane McNanus
Mr. & Mrs. John Waterman
In memory of Vanessa Mendoza
Ms. Mary Lennon
In memory of Christopher Naddy
The MacDonald Family
Mr. & Mrs. Charles Brazeale
In memory of Jeffrey Osceola
Mr. & Mrs. Linda Osceola
In memory of Virginia (Ginger) Parsons
Mr. & Mrs. Bill Walker
In memory of Christopher Oby
Mr. & Mrs. Kenneth W. Lanoue
In memory of Ginny Lanoue
Mr. & Mrs. Helen Lee
In memory of Elizabeth Kloepfer
Mr. & Mrs. Bruce Soper
In memory of Corbin Breda
Ms. Toni Silegy
In memory of Mary Jean
Ms. Barbara Payne
In memory of Mary L. Poisson
Mr. & Mrs. Russell Murachver
In memory of Chris Pepin
Ms. June Grenier
In memory of Mary Prescott
Mr. & Mrs. James Stevens
In memory of Mary L. Poisson
Mr. & Mrs. Alan Goode
In memory of Mary Small
Ms. June Grenier
In memory of bernie raaffaele
Mrs. Sophie Counsil
In memory of Margaret May
Ms. June Grenier
In memory of Emmanuelli Ritchie
Staunch Foundation, Inc.
In memory of Frank C. Robbins
Ms. Dorothy Adams
Dr. Robert & Dr. Cynthia Bear
In memory of Harold Borden
Mr. & Mrs. Richard Card
In memory of Harold Gair
Mr. & Mrs. Paul Carino
In memory of Harley Beaton
Mr. & Mrs. Raymond Bilodeau
In memory of Harris Brazeale
Mr. & Mrs. Charles Brazeale
In memory of Harry Bennett
Mr. & Mrs. J. Edward Bennett
In memory of Harry Haines
Mr. & Mrs. Frank Lawlor
In memory of Harry Stevens
Mr. & Mrs. Richard Stevens
In memory of Harry Velez
Mr. & Mrs. George Welch
In memory of Henry Goodwin
Mr. & Mrs. Virginia (Ginger) Anderson
In memory of Henry Goodwin
Mr. & Mrs. Virginia (Ginger) Anderson
In memory of Henry Goodwin
Mr. & Mrs. Virginia (Ginger) Anderson
In memory of Henry Goodwin
Mr. & Mrs. Virginia (Ginger) Anderson
A great cause!

The 24th annual Wentworth-Douglass Charity Classic on June 25th raised over $125,000 for the Women & Children’s Center.

Running in Stephanie’s Memory

After most of the runners and walkers crossed the finish line at last year’s Seacoast Cancer 5K, a moving scene was taking place up on the hill above the race’s festivities. Team Solidarity for Steph was releasing butterflies into the sky in memory of Stephanie Jennings, their loved one who had died of lung cancer just three months prior. “We had formed the team to run in her honor, but we ended up doing it in her memory,” recalls Stephanie’s sister Christine Sorice, of Manchester, team captain of Solidarity for Steph.

In an outpouring of love for Stephanie and support for her family, Team Solidarity for Steph grew and grew in the weeks leading up to the event. On race day, Christine handed out close to 75 bright blue team T-shirts with green butterflies emblazoned on the chest. Team members in tutus, wings, and funny hats gathered at the starting line to celebrate Stephanie’s life.

Together, the team also raised close to $2,000 in support of the Seacoast Cancer Center, where Stephanie had been a patient of Dr. Barbara Civiello. Funds raised by teams like Solidarity for Steph support vital cancer services right here in our community. Proceeds from past 5Ks have provided free Care-Van transportation for patients to and from appointments, purchased Radiant Wraps and Comfy Chemo shirts to help make treatments easier, and funded support groups and activities for patients and families that create community and enhance resilience. It’s anticipated that in 2018 this event will surpass $1 million raised since its inception five years ago.

“I had promised Stephanie I’d win it for her, and I actually placed 2nd in my age group. I had never placed in a race before. I was running it for her that day, and I definitely felt that motivation pushing me on the course,” says Christine. “The Seacoast Cancer 5K has helped me to honor my sister’s memory, and I look forward to being part of it again this year.”

To register, donate or learn more about the 2018 event, visit SeacoastCancer5K.org.
Wentworth Health Partners is a multi-specialty group practice affiliated with Wentworth-Douglass Hospital. As a patient of Wentworth Health Partners, you and your family are at the center of a coordinated system of care where services range from wellness and illness prevention to the testing, treatment, and care of complex medical conditions. Wentworth Health Partners has earned the Joint Commission Gold Seal of Approval® with Ambulatory Health Care Accreditation and Primary Care Medical Home Certification.

Learn more at wdhospital.com/whp.

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**PRIMARY CARE**

- Adult & Children’s Medicine of Dover
  - 10 Members Way, Suite 201
  - Dover, NH 03820
  - (603) 762-2263
  - adultandchildrens.com

- Barrington Health Center
  - 8 Century Pines Drive, Suite 2
  - PO Box 430
  - Barrington, NH 03825
  - (603) 664-2135
  - barringtonhealthcenter.com

- Bellamy Health Center
  - 15 Old Rollinsford Rd., Suite 204
  - Dover, NH 03820
  - (603) 762-7738
  - bellamyhealthcenter.com

- Dover Family Practice
  - 10 Members Way, Suite 203
  - Dover, NH 03820
  - (603) 762-3274
  - doverfamilypractice.com

- Durham Health Center
  - 36 Madbury Road
  - Durham, NH 03824
  - (603) 688-2080
  - durhamhealthcenter.com

- Great Bay Family Practice
  - 60 Exeter Road, Suite 300
  - Newmarket, NH 03857
  - (603) 659-5502
  - greatbayfamilypractice.com

- Hilltop Family Practice
  - Somersworth Plaza
  - 85 Main Street
  - Somersworth, NH 03878
  - (603) 692-6678
  - hilltopfamilypractice.com

- Lee Family Practice
  - 65 Caled Hwy, Suite 200
  - Lee, NH 03861
  - (603) 686-3300
  - leefamilypractice.com

- Marshwood Family Care
  - 19 Levesque Drive, Suite 3
  - Eliot, ME 03903
  - (207) 451-3600
  - marshwoodfamilycare.com

- Primary Care at Pease
  - 73 Corporate Drive
  - Portsmouth, NH 03801
  - (603) 610-8070
  - peaseprimarycare.com

- South Berwick Family Practice
  - 31 Colcord Street
  - South Berwick, ME 03888
  - (207) 384-9349
  - southberwickfamilypractice.com

- WHP Internal Medicine
  - 10 Members Way, Suite 500
  - Dover, NH 03820
  - (603) 609-6805
  - whpinternalmedicine.com

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**WALK-IN PRIMARY CARE**

- Prompt Care - Dover
  - 10 Members Way, Suite 200
  - Dover, NH 03820
  - (603) 609-6930
  - wentworthhealthpartners.com/promptcare

- Prompt Care at Pease
  - 73 Corporate Drive
  - Portsmouth, NH 03801
  - (603) 610-8070
  - wentworthhealthpartners.com/promptcare

**SPECIALTY CARE**

- Cardiology at Pease
  - 73 Corporate Drive
  - Portsmouth, NH 03801
  - (603) 610-8070
  - peasecardiology.com

- WHP Cardiovascular Group
  - 19 Old Rollinsford Road
  - Dover, NH 03820
  - (603) 516-4265 or (603) 516-4266
  - whpcardiovasculargroup.com

- The Center for Medical Genetics
  - 15 Old Rollinsford Rd., Suite 201
  - Dover, NH 03820
  - (603) 516-0092
  - centerforgenetics.com

- WHP Chest Clinic
  - 301 Central Avenue, Level 1
  - Dover, NH 03820
  - (603) 740-2212
  - wdhospital.com/chestclinic

- Coastal Neurology Services*
  - 108 E. NH Route 108, Suite 5
  - Dover, NH 03820
  - (603) 749-0913
  - coastalneurologyservices.com

- Endocrinology & Diabetes
  - 10 Members Way, Suite 400
  - Dover, NH 03820
  - (603) 742-1141
  - endocrinologyanddiabetesconsultants.com

- Great Bay Mental Health
  - 15 Old Rollinsford Road, Suite 302
  - Dover, NH 03820
  - (603) 740-9200
  - greatbaymentalhealth.com

- WHP Head & Neck Specialty Group of NH
  - 361 High Street
  - Somersworth, NH 03878
  - (603) 692-4500
  - headandnecknh.com

- Integrative Therapy
  - 15 Old Rollinsford Road, Suite 204
  - Dover, NH 03820
  - (603) 740-1230
  - wdhospital.com/integrativetherapy

- OB/GYN & Infertility
  - 15 Old Rollinsford Road, Suite 102
  - Dover, NH 03820
  - (603) 749-4963
  - obgynandinertility.com

- Plastic Surgery Specialists
  - 10 Members Way, Suite 303
  - Dover, NH 03820
  - (603) 516-4268
  - wentworthplasticsurgery.com

- Seacoast Arthritis & Osteoporosis Center
  - 10 Members Way, Suite 403
  - Dover, NH 03820
  - (603) 742-6664
  - seacoastarthritis.com

- Seacoast Pulmonary (Intensivists)
  - 301 Central Avenue, Level 1
  - Dover, NH 03820
  - (603) 740-9713
  - seacoastpulmonary.com

- Summit Infectious Disease
  - 789 Central Ave.
  - Dover, NH 03820
  - (603) 742-7025
  - summitinfectiousdisease.com

- Supportive & Palliative Care
  - 789 Central Ave., Level 2
  - Dover, NH 03820
  - (603) 740-1230
  - wdhospital.com/PalliativeCare

**WENTWORTH-DOUGLASS AT PEASE**

- WHP Thoracic Surgery Specialists
  - 789 Central Avenue
  - Dover, NH 03820
  - (603) 609-6006
  - wdhospital.com/thoracicsurgery.com

- Wentworth-Douglass Center for Orthopedics & Joint Replacement
  - 789 Central Avenue, Level 1
  - Dover, NH 03820
  - (603) 609-6260
  - wdorthocentre.com

- Wentworth-Douglass Community Dental Center
  - 668 Central Ave.
  - Dover, NH 03820
  - (603) 740-8013
  - wentworthcommunitydental.com

- WHP General Surgery
  - 789 Central Avenue
  - Dover, NH 03820
  - (603) 610-8091
  - whpgeneralsurgery.com

- WHP General Surgery at Portsmouth
  - Orchard Park
  - 775 Green lane Road, Suite C-9
  - Portsmouth, NH 03801
  - (603) 610-8091
  - whpgeneralsurgery.com

**SERVICES OFFERED**

- PRIMARY CARE
- WALK-IN PROMPT CARE
- CARDIOLOGY
- RHEUMATOLOGY
- PULMONARY MEDICINE
- VASCULAR SURGERY
- TRAVEL MEDICINE CLINIC
- NEUROLOGY
- MORE TO COME!
Open House: The Works Family Health & Fitness Center
Visit The Works Open House to learn about all the new health, wellness and fitness programs, and tour the newly renovated facility. Free and open to the public!
FOR MORE INFORMATION & TIMES: theworksh healthclub.com/openhouse
LOCATION: 23 Works Way, Somersworth, NH

LIFE Program
Are you interested in making positive changes to your lifestyle to help reduce the risk of cancer or cancer recurrence? The next 8-week session of the LIFE (Lifestyle Interventions for Everyone) Program starts September 13. This wellness course is geared toward cancer survivors, their caregivers, or anyone who wants to learn more about reducing their cancer risks.
REGISTER: Course fee is $80. Call (603) 740-2226 or wdhospital.com/events
LOCATION: Wentworth-Douglass Garrison Auditoriums

Surgical Weight Loss Information Session
Considering weight loss surgery? Join us for our free monthly information sessions to learn more about the surgical weight loss procedures available at Wentworth-Douglass’s Center for Weight Management & Bariatric Surgery. These sessions are held on the third Thursday of every month. Can’t make August 16? Additional sessions will be held on September 21 and October 25.
REGISTER: (603) 740-9165 or wdhospital.com/newme
LOCATION: Wentworth-Douglass Garrison Auditoriums

Communication Access Technology & Support Expo
Are you or your loved one deaf or hard of hearing? Do you have a speech impairment or vision loss? Join us to learn more about assistance devices and services that can help make life easier. Free and open to the public.
FOR MORE INFORMATION: (603) 740-2451 or wdhospital.com/events
LOCATION: Wentworth-Douglass Garrison Auditoriums

Living Well with Diabetes
This session focuses on understanding diabetes care, as well as adjusting to life with diabetes. This topic is one part of our Diabetes Self-Management Training Series. Call for more information, topics and class dates.
REGISTER: Call (603) 740-8887. A referral is required. Class attendance is covered by Medicare and other insurance plans (co-pays may apply). Please refer to your individual insurance plan for covered benefits.
LOCATION: Wentworth-Douglass Professional Center, 10 Members Way, Conference Room 1, Dover, NH

Latest Advances in Hip & Knee Replacement
Join expert orthopedic surgeons from Wentworth-Douglass Hospital’s Joint Replacement Program as they discuss the latest advances in hip and knee replacements, including the custom-fit ConforMIS knee replacement.
REGISTER: (603) 740-2818 or wdhospital.com/events
LOCATION: Wentworth-Douglass Garrison Auditoriums

LIFELINE Program for Older Adults
Are you interested in making positive changes to your lifestyle to help reduce the risk of cancer or cancer recurrence? The next 8-week session of the LIFE (Lifestyle Interventions for Everyone) Program starts September 13. This wellness course is geared toward cancer survivors, their caregivers, or anyone who wants to learn more about reducing their cancer risks.
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FOR MORE INFORMATION: (603) 740-2451 or wdhospital.com/events
LOCATION: Wentworth-Douglass Garrison Auditoriums

Spiritual Care Conference
Celebrating its 10th year, the annual Spiritual Care Conference will explore the connection between spirituality and behavioral health. Join us for afternoon workshops, a keynote address, dinner, and the presentation of the 2018 Bob Ervin Spiritual Care Award. Keynote presentation by John T. Broderick, Jr., Senior Director of Public Affairs at Dartmouth-Hitchcock and former Chief Justice of the New Hampshire Supreme Court.
REGISTER: wdhospital.com/events
LOCATION: Wentworth-Douglass Garrison Auditoriums

Upcoming Classes, Programs & Events