

Sports Concussion Program



The Wentworth-Douglass Hospital Sports Concussion Program offers specialized rehabilitation services to help patients and their families recover from sports-related concussions. Our program is tailored for the athlete – high school, college, and weekend athletes, too.

Patients of all ages work with a team of physical, occupational, and speech therapists to gain the knowledge and tools to successfully return to school, sports and leisure activities.

Our sports concussion physicians work closely with our athletic trainers, rehabilitation team, and the athlete to provide guidance throughout the recovery process.



Jennifer Hopp, MD



Christopher Couture, MD



WENTWORTH-DOUGLASS
HOSPITAL

A Mass General Community Hospital

REHABILITATION SERVICES

Our program uses the latest evidence-based therapies, including Virtual Reality technology, to keep each patient's concussion recovery moving forward.

RETURN TO LEARN

The concussion rehabilitation team works with students, their doctors, and the school to develop a plan to return to full academic caseload.

RETURN TO PLAY

Therapists follow an evidence-based approach to concussion rehabilitation. Our skilled physical, occupational and speech therapists are focused on active-recovery and education. Patients participate in maximizing function and sports-specific training to get back in the game.

WENTWORTH-DOUGLASS HOSPITAL REHABILITATION SERVICES

LEE

65 Calef Highway, Lee, NH

Phone: (603) 868-8520

Fax: (603) 868-8260

DOVER

789 Central Ave, Dover, NH

Phone: (603) 740-2101

Fax: (603) 740-2185

Learn more at wdhospital.org/rehab.



**WENTWORTH-DOUGLASS
HOSPITAL**

A Mass General Community Hospital

REHABILITATION SERVICES