

ADULT HEALTH QUESTIONNAIRE

Patient Name: _____ **DOB:** _____ **AGE:** _____ **Sex:** M F

Who was your previous primary care provider? _____

What is your preferred Pharmacy? _____

Preferred language? Written _____ Spoken _____

Are you currently active in a religious community? Yes / No

Religious Affiliation: _____

Education/Employment:

What is the highest level of education you have completed?:

- Grammar school High school or equivalent Some college
 Bachelors degree Masters degree Doctoral degree Other _____

CURRENT MEDICATIONS (may bring own list to visit if you prefer)

Name of Medication	Strength of Medication	Dosing Instructions
<i>Example: Tylenol</i>	<i>Example: 500 mg</i>	<i>Example: 1 pill three times a day</i>

* Note – this information may be taken directly from the pharmacy label on prescription products

ALLERGIES

- No Known Allergies Medication Allergies Environmental/Seasonal Allergies Latex Allergy

List Allergies	Reaction

PLASTIC SURGERY SPECIALISTS- STAFF ONLY

Vitals and Medication Reconciliation

Date	Initials	Height	Weight	Blood Pressure	Pulse	Temperature	Medication Reconciliation
__/__/__							
__/__/__							
__/__/__							
__/__/__							
__/__/__							
__/__/__							

We would like to personally thank you for taking the time to complete this form. Doing so provides us with the information necessary to make the most out of each and every healthcare visit together.

PAST MEDICAL HISTORY (Check all that apply)

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Acid Reflux/GERD | <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Depression | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Chronic Pain |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Cholesterol | |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Emphysema/Bronchitis/COPD | <input type="checkbox"/> Irritable Bowel | |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Epilepsy/Seizure Disorder | <input type="checkbox"/> Kidney Disease | |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Glaucoma/Cataracts | <input type="checkbox"/> Liver Disease | |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Headaches | <input type="checkbox"/> Osteoporosis | |
| <input type="checkbox"/> Other (please list) - _____ | | | |

PAST SURGICAL HISTORY

Date of Surgery (Operations)	Type of Surgery (Operations)

FAMILY HISTORY (Check all that apply)

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Dementia/Alzheimer's | <input type="checkbox"/> Depression | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Cancer (please specify) - _____ | | |
| <input type="checkbox"/> Other (please list) - _____ | | | |

GYN HISTORY

Number of Pregnancies: _____ Number of Living Children: _____

SOCIAL HISTORY

Personal History

Marital Status Single Significant Other Married Divorced Widowed
 Name of Significant Other/Spouse if applicable: _____
 Children: Yes No Number of Sons _____ Number of Daughters _____
 Name and Ages of Children: _____
 Living Situation: Live Alone With Significant Other/Spouse With Children/Family Members Other
 Occupation: _____
 Hobbies/Interests: _____

Tobacco

Have you ever smoked? Yes No If yes, what do you (did you) smoke? _____
 Are you still smoking? Yes No

If no: How many years ago did you quit? _____ For how many years did you smoke? _____ How many packs/day did you smoke? _____

If yes: How many years have you smoked? _____ How many packs/day do you smoke? _____
 Have you ever tried to quit? _____

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SOCIAL HISTORY- Continued

Alcohol

Do you drink alcohol including beer, wine, or other alcohol? Yes No

If yes please specify frequency

Daily Almost Daily (4-6 times/week) 1-3 times per/week Less than one time/week

Do you drink caffeine? Yes No If yes, how many cups per day? _____

Illicit Drugs

Do you use any drugs or prescription medications not prescribed to you? Yes No

(including marijuana, cocaine, amphetamines, pain or anxiety medications, etc.)

If yes, please specify type of drug and frequency of use - _____

Diet/Activity

Are you on any special diet? Yes No

If yes, how would you describe your diet? (e.g. South Beach, Atkins, calorie intake, renal, diabetic, low sodium, low fat, etc.)

Do you currently participate in any regular activity to improve or maintain your physical fitness (either on your own or in a formal class)? Yes No If yes, please describe:

Health Planning

Do you have Advanced Directives in place? Yes No

Living Will Durable Power of Attorney Health Care Proxy Advanced Directives

HEALTH MAINTENANCE

Please provide the dates and results of the following immunizations, examinations, and tests to the best of your ability. If you have not had one of these services please indicate N/A (not applicable).

All Patients:

Last Tetanus Booster	<input type="checkbox"/> Within past 10 years	<input type="checkbox"/> More than 10 years ago	<input type="checkbox"/> Unknown
Last Eye Examination	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown
Last Hearing Exam	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown
Last sigmoidoscopy/colonoscopy/ Or stool test	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown
Last DEXA Bone Scan	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown
Last Pneumonia Vaccine	Date: _____		
Flu shot this season?	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Women:

Last Pap Smear	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown
Last Mammogram	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown

Men:

Last Prostate Specific Antigen-PSA	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown
Last Prostate Exam	Date: _____	<input type="checkbox"/> Normal <input type="checkbox"/> Abnormal	<input type="checkbox"/> Unknown

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Patient Name: _____ DOB: _____

CONCERNS

Please indicate any concerns regarding your health in the space provided.

Patient Name (printed) _____

Patient Signature: _____ Date: _____

PLASTIC SURGERY SPECIALISTS- STAFF ONLY

Learning Style: <input type="checkbox"/> <i>verbal</i> <input type="checkbox"/> <i>visual</i> <input type="checkbox"/> <i>demonstrative</i>	
Health Lit: "How often do you need to have someone help you when you read instructions, pamphlets, or other written material from your doctor or pharmacist?"	
Health Lit Score from Previous Visit:	If <u>no</u> health lit score above, complete this visit:
<input type="checkbox"/> 1, 2 <input type="checkbox"/> 3, 4, 5	<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always
Occ Work Hx:	<input type="checkbox"/> No <input type="checkbox"/> Yes (<i>details</i>)

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