

The following orders will be enacted unless a specific order is written to the contrary:

**1. LABS: Draw labs upon patient's arrival, prior to Methotrexate administration.**

➤ **For ITC:** send all lab values to OB/GYN provider prior to administering Methotrexate. Any abnormal values should be called to the provider's office.

- ☒ hCG, quantitative – highest success with hCG  $\leq 5000$  mIU/ml  
(failure rate of  $\geq 14.3\%$  when hCG  $\geq 5,000$  mIU/ml, compared to  $3.7\%$  failure rate  $< 5000$  mIU/ml)
- ☒ CBC with diff
- ☒ CMP
- ☒ ABO and Rh Type

**2. Contraindications: (Provider has screened for the following)**

**Absolute:**

- Immunodeficiency
- Liver disease with transaminases (ALT, AST) more than double normal
- Current alcoholism
- Elevated serum creatinine
- Significant pulmonary disease
- Hematologic abnormalities (e.g. significant anemia, thrombocytopenia, or leukopenia)
- Peptic ulcer disease
- Breastfeeding
- Patients unable or unwilling to comply with post-treatment monitoring and follow-up

**Relative Contraindications:**

- Gestational sac larger than 3.5 cm
- Embryonic cardiac motion

➤ Nursing to verify in MAK that BSA is correct, and calculate dose prior to administration. Second RN to complete independent double-check.

**3. Dosage:**

**Note:** Methotrexate must be prepared in chemotherapy hood (Seacoast Cancer Center).

Following administration, dispose of used equipment in yellow chemotherapy container.

- ☒ Methotrexate  $50 \text{ mg/m}^2$  ( $50 \times \text{BSA}$ ) Intramuscular x 1 dose. Preferred site ventrogluteal muscle.

Patient height (measured): \_\_\_\_\_ (inches) Weight (measured): \_\_\_\_\_ (kg)

Body Surface Area (BSA): \_\_\_\_\_  $\text{m}^2$  (BSA is calculated using the Mosteller formula)

- **Dose:**  $50 \text{ mg} \times \text{BSA} = \text{mg}$ . Doses greater than 2 ml in volume should be divided into 2 syringes.

4. Notify Physician if any suspected drug reaction

5. Patient Instructions: Follow up with Gynecologist on \_\_\_\_\_ (Date)

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date / Time

6. Consulted with OB/GYN: \_\_\_\_\_

(Print name here)

Wentworth–Douglass Hospital  
PHYSICIAN ORDERS

**Methotrexate for Ectopic Pregnancy**



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Page 1 of 1